KRISTUS DARZS LATVIAN HOME

KD Quality of Care Committee Annual AGM Report 2025–2026

KD continues to promote for the physical, psychological, social & spiritual well being of its residents. This past year I attended the KD Quality Improvement Committee. I was also involved in a multidisciplinary focus group with staff & family members to discuss Emotion Centered Care Models that would best suit KD. These models refocus care from being task orientated to responding to the emotional needs of the residents. This would improve quality of care which would be reflected in the government indicators & the annual resident/ family surveys.

Provincial Quality Indicators:

Overall KD continues to perform well within the provincial guidelines for anti psychotic use, pain, falls, depression, behaviours, infections, continence, restraint use, changes in physical functioning and wound care.
Provincial priority is being focused on the rate of avoidable Emergency Room visits by LTC residents. KD is to initiate UTI prevention initiatives, and post fall assessments to reduce the burden on the health care system.

Resident/Family Survey:

Family general satisfaction with KD was 100%, & for residents was 93%.
Families would recommend KD 100% to others, as would 89% of residents.
Families identified the need for Catholic Church services and improved communication with non English speaking residents.
Residents reported a lack of follow-up with their concerns,as well as insufficient regular updates about their health status.
Residents also expressed a desire to be more involved in decision making and have greater autonomy in their daily care.

Quality Initiative Plan for 2026: QIP

1. Decrease unnecessary ER visits for falls and infections by developing proactive measures.
2. Involve residents in decision making for care needs, and follow-up with concerns.
3. Improve communication of healthcare updates between Drs and residents.
4. Decide on an Emotion Based Care philosophy at KD.

Ongoing Successes:

KD has been very successful in reducing the call bell response times for residents.
Residents continue their monthly input for program planning with Nelusha Cooray the Recreation Manager.
Monthly Latvian performances are scheduled.
New social programs have been added such as the Men's Group & Ladies High Tea.
Memory care programs keep evolving to suit the individual needs of residents.
The monthly Opera program continues to be very popular along with the bi- weekly reminiscing group with Rev Anita Gaide.
Catholic holidays will be observed on the monthly activities calendar.
Nelusha will continue to pursuing catholic services/involvement with KD.

Thank you to all whose who work diligently towards the success of KD.

Ligita Welsh- chair

KRISTUS DARZS LATVIAN HOME

Building Committee Report to 2026 AGM

The Building Committee provides input, advice and recommendations to the KD Board for major capital building projects and significant service or special projects. The Committee is comprised of Andris Smits, Alda Hans, Eriks Eglite, Gunars Robeznieks and is chaired by Imants Hausmanis.

Major capital improvements, special, projects and significant service and maintenance items undertaken in 2025 are outlined below.

Building Improvement Projects

- Replaced all nursing stations
- Payroll office added in administration office

Electrical

Special Projects:

- Install blower to septic system
- Install surge protector to septic system
- Repair electrical damage in Stairwell 3

General electrical repairs, ballasts, heaters, and miscellaneous electrical issues

Water & Wastewater

Special Projects:

- Two septic pumps replaced

Repairs to system, UV lights, injectors, chlorine, and repair service calls

HVAC

Monthly services and repairs

Fire Protection

Special Projects:

- GMS ULC fire alarm panel with rechargeable standby power

Annual testing of system
Monthly inspections
Kitchen suppression inspections (twice yearly)
Repairs to fire pump and sprinkler valves required for annual certification
Additional repair service calls to maintain system

Plumbing

Special Projects:

- Grease line replacement in basement ceiling to address odour issue

Repairs to water system and boiler leaks

These projects accounted for some 33% of the total 2025 Building Maintenance Budget.

The Committee wishes to commend our Maintenance Manager Meta Baze and her staff for diligently and cost effectively maintaining our aging building for the benefit our residents.

KRISTUS DARZS LATVIAN HOME

Kristus Darzs Latvian Home Board Chair 2025/26 Report to the AGM

Another busy year has concluded for which I sincerely thank Board members and volunteers who helped make our 40th anniversary year a big success.

The Home Board continues to work well with our Executive Director Inese Pogule on the many issues and projects that support the high quality of our Home. These are all presented in the individual committee reports.

I would like to thank all Board Members who have given many hours of their time, expertise, and commitment to supporting our Home. This year we will say goodbye to 3 longtime Board members who have reached their sunset clause according to our by-laws. Thank you Liene Kirss, Imants Hausmanis and Ligita Welch. Your commitment to our Home has been valuable and greatly appreciated.

Many thanks to Inese, her management team, all staff, residents, their families and all supporters of Kristus Darzs Latvian Home. Each of you have played a significant role in making Kristus Darzs a top-quality Long-Term Care Home of which we are all very proud.

Thank you to the Kristus Darzs Latvian Foundation Board Members. It continues to be a very positive and productive working relationship that I know will continue into the years to come.

Thank you to all as we continue our work.

Kristus Dārza Latviešu Aprūpes Nama valdes priekšsēdes 2025./2026. gada ziņojums pilnsapulcei

Ir noslēdzies vēl viens darbīgs un notikumiem bagāts gads, un es sirsnīgi pateicos visiem valdes locekļiem un brīvprātīgajiem, kuri palīdzēja padarīt mūsu 40 gadu jubilejas gadu par lielu panākumu.

Aprūpes nama valde turpina cieši un veiksmīgi sadarboties ar mūsu izpilddirektori Inesi Poguli, risinot daudzos jautājumus un īstenojot projektus, kas palīdz uzturēt mūsu nama augsto kvalitāti. Par tiem detalizētāk ir aprakstīts atsevišķajos komiteju ziņojumos.

Vēlos pateikties visiem valdes locekļiem, kuri veltījuši neskaitāmas stundas sava laika, zināšanu un neatlaidīgas uzticības mūsu nama labā. Šogad atvadīsimies no trim ilggadējiem valdes locekļiem, kuri saskaņā ar mūsu statūtiem ir sasnieguši savu pilnvaru termiņa noslēgumu. Sirsnīgs paldies Lienei Kirsai, Imantam Hausmanim un Ligitai Welch. Jūsu ieguldījums un uzticība mūsu namam ir bijusi ļoti vērtīga un patiesi novērtēta.

Liels paldies Inesei, viņas vadības komandai, visiem darbiniekiem, iemītniekiem, viņu ģimenēm un visiem Kristus Dārza Latviešu Aprūpes Nama atbalstītājiem. Katrs no jums ir devis nozīmīgu ieguldījumu, palīdzot Kristus Dārzam kļūt par augstas kvalitātes ilgtermiņa aprūpes namu, ar kuru mēs visi lepojamies.

Paldies arī Kristus Dārza Latviešu Fonda valdes locekļiem. Mūsu sadarbība turpina būt ļoti pozitīva un produktīva, un esmu pārliecināta, ka tā veiksmīgi turpināsies arī nākamajos gados.

Paldies jums visiem, turpinot mūsu kopīgo darbu.

"Mūsu kopējais ceļš / Our Road Ahead"

Ar cieņu,
Alda Hans
Kristus Dārza Latviešu Aprūpes Nama valdes priekšsēde

KRISTUS DĀRZS REBUILD COMMITTEE

Pārbūves komitejas ziņojums 2026.g. pilnsapulcei

Pārbūves komitejā piedalās locekļi no Mājas un Fonda valdēm, ar papilda ekspertiem. Imants Hausmanis un Ēriks Eglīte ir vadošie pārstāvji no savām valdēm. Komiteja ir noturējusi četras komitejas sēdes un piedalījusies ikgadējā Kristus Dārza kopīgajā valdes stratēģiskajā sanāksmē.

Aizvadītajā gadā Kristus Dārzs ir izpētījis un virzījis iespēju pieslēgties pašvaldības kanalizācijas un ūdensapgādes tīkliem, par to informējot mūsu Vaughan pilsētas valdes deputātei un vēlāk, kā KD delegācija, uzrunājot Vaughan pilsētas valdi. Sākotnējie secinājumi liecina, ka ūdens un kanalizācijas pieslēgumu izbūve pa Pine Valley Drive, lai pievienotos esošajai infrastruktūrai pie Teston Road, ir tehniski iespējama. Tomēr, ņemot vērā reljefu, tranšejas būtu ļoti dziļas. Būvniecības izmaksas, iespējams dalītas ar citiem kaimiņu attīstītājiem, vēl tiek precizētas. Pārbūves komiteja uzskata, ka, ja šo kanalizācijas jautājumu varētu atrisināt un nodrošināt finansējumu, tas ļautu īstenot Kristus Dārza īpašuma pārbūvi tādā apjomā, kas atbilstu attīstības aizdevuma finanšu nosacījumiem.

Papildus, Pārbūves komiteja ir izpētījusi ne tikai Aprūpes ministrijas un Ontario Infrastruktūras kapitāla finansēšanas programmas, bet arī privātus "projektē–būvē–finansē" modelus ilgtermiņa aprūpes nama pārbūvei. Abi varianti varētu būt piemēroti Pine Valley īpašuma attīstībai, vienlaikus saglabājot pašreizējā nama darbību līdz pārcelšanai uz jauno ēku.

Komiteja turpina izskatīt partnerības iespējas nākotnes atjaunošanai, lai samazinātu kapitāla izdevumus. Komiteja norāda, ka visās sarunās ar potenciālajiem partneriem tiek uzsvērta nepieciešamība nodrošināt saskaņu ar Kristus Dārza kultūru un vērtībām.

Mēs pateicamies Inesei Pogulei, Valdai Berzinai, Aldai Hansai, Gitai Kinstlerai, Margarietei Upenieks-Loganai, Tracy Rocca, Gunāram Robežniekam, Laumai Stikutei, Imantam Hausmanim un Ērikam Eglītem par viņu padomiem.

Rebuild Committee Report to the 2026 AGM

The Rebuild Committee is comprised of members from both KDLH and KDLF Boards supplemented by external experts. Imants Hausmanis and Eriks Eglite are the lead representatives for their respective Boards. The Committee has held 4 Committee meetings and participated in the annual joint Strategic Meeting for Kristus Darzs Board of Directors.

Over the past year Kristus Darzs investigated and promoted a municipal sanitary and water servicing connection to the local City of Vaughan Councillor and later, as a delegation, to the City of Vaughan Committee of the Whole. Preliminary findings indicate that water and sanitary sewer connections along Pine Valley Drive to connect into existing Teston Road infrastructure are technically feasible. However, due to the topography, servicing trenches would be quite deep and the construction costs, possibly shared with other developers, are being clarified.

The Rebuild Committee believes that if the servicing issue can be satisfactorily resolved, and funding confirmed, it would allow a redevelopment solution on the Kristus Darzs property of a scale to suit financial conditions of a development loan.

In addition, the ReBuild Committee has investigated not only the Ministry of Long-Term Care and Infrastructure Ontario capital funding programs, but also private design-build-finance options for redeveloping a long-term care home. Either option could be selected for the redevelopment of the Pine Valley property while the current Home in operation, until a transfer to the new facility.

The Committee continues to explore partnerships for future renewal in order to minimize capital expenditure. The Committee notes that all discussions with potential partners emphasize the need have alignment with Kristus Darzs culture and values.

We thank: Inese Pogule, Valda Berzins, Alda Hans, Gita Kinstlers, Margariete Upenieks-Logan, Gunars Robeznieks, Tracy Rocca, Lauma Stikuts, Imants Hausmanis and Eriks Eglite; for their contributions.