KRISTUS DARZS LATVIAN HOME

Medical Director Report to 2026 Annual General Meeting
For April 2025 - March 2026
Medical Director: Dr. Moosa Fadhel

Resident Age Range: 38-104
Number of Admissions: 34
Number Deceased: 34

Over the course of this year, our medical team remained stable with Dr. Fadhel, Dr. Kassam and Dr. Sharma continuing to provide care to the residents. The call schedule was divided evenly between the three physicians, providing 24-7 coverage. The physicians attend annual multidisciplinary care conferences, meet with families when required and participate in the quarterly Professional Advisory Committee meetings.

Dr. Michael Kugelmass (psycho-geriatrician) remains available for consultation when required. Michelle Searl, our dietitian, is regularly available for nutrition-related concerns, and Geriatrix continues to provide pharmacy services. Our wound care nurse and our responsive behaviour support nurse continue to contribute to improved care for the residents. We also welcomed a new nurse practitioner, Tina Xu, who provides clinical assessments to residents when needed.

The online Geriatrix system continues to evolve, transferring more of residents' medical care to electronic formats. Over the past year, the pharmacy and nursing team focused specifically on reducing medication administration errors for residents.

The Professional Advisory Committee (PAC) meets virtually every quarter. Members of the medical staff, the Executive Director, the Director of Care, and representatives from York Region Public Health attend it. The Committee reviews updates and trends from practitioners, reviews any policies as needed, and addresses any relevant resident issues and concerns. During this reporting period, we reviewed recent outbreaks, infection prevention and control (IPAC), and updated guidelines on prescribing specific medicines and their indications.

We continue to work with our medical and nursing team to help mitigate inappropriate anti-psychotic use. Due to the fantastic dedication of Heather Taylor and other staff members, the plant initiative mentioned last year was successfully implemented at Kristus Darzs, with more than 90% of residents now having plants in their living spaces.

The medical director drafted a Medical Assistance in Dying (MAID) policy to reflect the evolving landscape of resident care. It updated clinical guidelines in line with current standards to ensure that any residents seeking this option would be treated with respect and dignity while maintaining confidentiality.

Lastly, the medical director continues to provide dedicated in-person hours at Kristus Darzs every month, which facilitates time to attend important meetings, focus on quality improvement, and meet with the nursing team and administrative staff more regularly.

Dr. Moosa Fadhel
Medical Director
Kristus Darzs Latvian Home
March 2026

Kristus Darzs Latvian Home Fundraising Committee Report to the 2026 AGM

The Fundraising committee continues its mandate to raise funds for the needs of Kristus Darzs Latvian Home as well as raising funds for the rebuild of our Home " Our Road Ahead".

In November 2025 a fundraising event "Sparkling 40 Years" was held at Latvian Cultural Centre in Toronto. Our guests enjoyed a wonderful dinner supplied by Ingo Karklins, danced to the lively music of the "Penzionari", enjoyed a silent auction, and of course the lottery.

It was a wonderful evening full of joy as we celebrated the 40th anniversary of the opening of the Kristus Darzs Latvian Home.

Thank you to all who attended, and for the generosity and support of those attending in thoughts and good wishes.

Thank you to all our generous donors and supporters. We would not be able to support Kristus Darzs Latvian Home and continue our work with the rebuild project without our incredible donors and community.

In 2025 we through your generosity we raised $328,516.82

Our fundraising event this coming fall we will be a Champagne Brunch event at Kristus Dazrs Latvian Home. We will keep you posted.

Thank you to the members of both Boards, volunteers, administration and staff who worked tirelessly on behalf of Kristus Darzs. Thank you to the Latvian community, to our friends, families, residents and all donors for your generosity and ongoing financial support.

Kristus Dārza Latviešu Aprūpes Nama Līdzekļu vākšanas komitejas ziņojums 2026. gada pilnsapulcei

Līdzekļu vākšanas komiteja turpina savu darbu, lai nodrošinātu finansējumu Kristus Dārza Latviešu Aprūpes Nama vajadzībām, kā arī atbalstītu mūsu nama pārbūves projektu "Mūsu kopējais ceļš".

2025 gada novembrī Toronto Latviešu Centrā notika labdarības pasākums "Sparkling 40 Years". Viesi baudīja lieliskas vakariņas, ko sarūpēja Ingo Kārkliņš, dejoja grupas "Penzionāri" dzīvās mūzikas pavadījumā, piedalījās klusajā izsolē un loterijā.

Tas bija brīnišķīgs vakars, pilns prieka un sirsnības, kopīgi svinot Kristus Dārza Latviešu Aprūpes Nama 40 gadu jubileju.

Paldies visiem, kuri piedalījās, kā arī tiem, kuri mūs atbalstīja ar labām domām un laba vēlējumiem.

Sirsnīgs paldies visiem mūsu dāsnajiem ziedotājiem un atbalstītājiem. Bez jūsu neticamā atbalsta mēs nevarētu turpināt palīdzēt Kristus Dārza Latviešu Aprūpes Namam un virzīt uz priekšu mūsu pārbūves projektu.

Pateicoties jūsu dāsnumam, 2025. gadā mēs saziedojumos savācām $328,516.82.

Šī gada rudenī mūsu līdzekļu vākšanas pasākums būs "Champagne Brunch" Kristus Dārza Latviešu Aprūpes Namā. Plašāka informācija sekos.

Paldies abu valžu locekļiem, brīvprātīgajiem, administrācijai un darbiniekiem, kuri nenogurstoši strādājuši Kristus Dārza labā. Paldies latviešu sabiedrībai, mūsu draugiem, ģimenēm, iemītniekiem un visiem ziedotājiem par jūsu dāsnumu un pastāvīgo finansiālo atbalstu.

Ar cieņu,
Alda Hans
Līdzekļu vākšanas komitejas priekšsēde