Medical Director Report to 2025 Annual General Meeting
For April 2024 - March 2025
Medical Director: Dr. Moosa Fadhel

Resident Age Range: 37-103
Number of Admissions: 28
Number Deceased: 24

Over the course of this year, our medical team remained stable with Dr. Fadhel, Dr. Kassam and Dr. Sharma continuing to provide care to the residents. The call schedule was divided evenly between the three physicians, providing 24-7 coverage. The physicians attend annual multidisciplinary care conferences, meet with families when required and participate in the quarterly Professional Advisory Committee meetings.

Dr. Gail Nield (dermatologist) and Dr. Michael Kugelmass (psycho-geriatrician) are available for consultation when required. Michelle Searl, our dietician is available regularly for nutrition-based concerns and pharmacy services continue to be provided by Geriatrix. Kristus Darzs hired a wound care nurse, Mandeep Boparai and a responsive behaviour support nurse, Amanpreet Shergill who contributed to improved care for the residents.

The online Geriatrix system continues to evolve and transfer more of residents' medical care to an electronic form. Over this year, quarterly evaluations of daily medicines administered to the residents and routinely done by physicians and pharmacists were transferred online.

The Professional Advisory Committee (PAC) meets virtually every quarter and is attended by the various members of the medical staff as well as the Executive Director, Director of Care and York Region Public Health representatives. The Committee reviews updates and trends from the practitioners, reviews any policies as needed and any relevant resident issues and concerns. During this reporting period, we reviewed recent outbreaks, infection prevention and control (IPAC) as well as updated guidelines regarding prescribing of specific medicines and their indications.

In our ongoing effort to reduce antipsychotic use, an objective symptom assessment tool is being implemented to assess the effectiveness of antipsychotics and promote tapering where clinically warranted. Additionally, the medical director recently introduced an indoor plant initiative which is a project that aims to to reduce antipsychotic use by

harnessing the power of nature. A letter was formulated to inform the families and staff of Kristus Darzs about the reasoning and the goals of this program. We continue to work with our medical and nursing team to help minimize the use of antipsychotic drugs at Kristus Darzs.

Lastly, the medical director now has dedicated hours in person at Kristus Darzs every month which allows for attending important meetings, focusing on quality improvement and meeting with the nursing team more regularly.

Dr. Moosa Fadhel
Medical Director
Kristus Darzs Latvian Home
March 2025