



Activities Program Calendar: February 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:40 Latvian Newspaper Reading & Discussion w/Larisa-B 2:30 Happy Hour w/Larisa-1 6:30 Montessori Kits-1	2 GROUNDHOG DAY NATIONAL WEAR RED DAY 11:00 Walking/Rolling W/Country Music-1 2:30 Coffee Tasting-1 6:00 Movie: Girl w/ a Pearl Earing-1	3 10:00 Music w/Dace-1 2:30 Bingo w/Dace-1 6:00 Wine & TV-1
4 10:00 Reading Group w/Dace-RA 2:30 Colouring Group-1 6:00 Sunday Evening TV-1	5 1:40 Eye Glass Cleaning w/Sol-V 2:30 Fruit, Tea & Current Events w/Jessica-1 6:00 Bedside Activities-V	6 10:45 Latvian Sing-a-long-1 2:00 Reminiscing w/Anita-1 2:15 Horticulture care w/ 6:30 Snoezelen Room-RA	7 10:40 Program Planning w/Nelusha: March- B 2:00 Movie: Romance on the High Seas-1 2:15 Programs Department Meeting 6:00 One to One Visits-V	8 10:40 Latvian Newspaper Reading & Discussion w/Larisa-B 2:30 Happy Hour w/Dace-1 6:30 Balloon Volleyball-1	9 11:00 Walking/Rolling W/Rock n'Roll-1 2:30 Valentine's Day Craft Club-1	10 CHINESE NEW YEARS 10:00 Zodiac Discussion-1 2:30 Chinese New Year Social-1 6:00 Wine & TV -1
11 SUPER BOWL SUNDAY 10:00 Reading Group w/Larisa-RA 2:00 Football on TV-V 2:30 Football Trivia w/Sarah-1 6:00 Sunday Evening Football-1	12 ARMCHAIR TRAVEL FRANCE 1:40 Eye Glass Cleaning w/Sol-V 2:30 Pancakes, fruit, Tea & Current Events w/Dace-1 6:00 Bedside Activities-V	13 MARDI GRAS SHROVE TUESDAY 10:45 Latvian Sing-a-long-1 2:00 Residents' Council-1 6:30 Snoezelen Room-RA	14 VALENTINE'S DAY LENT BEGINS ASH WEDNESDAY 10:40 Valentine's Day Card Delivery-V 2:30 Armchair Travel to France w/Abina & Sarah-1 6:00 One to One Visits-V	15 FLAG OF CANADA DAY 10:40 Latvian Newspaper Reading & Discussion w/Larisa-B 2:30 Happy Hour: French Cocktail & Croissant w/Larisa-1 6:30 Montessori Kits-1	16 11:00 Walking/Rolling W/ 2:30 French Trivia w/Larisa & Sarah-1 6:00 Movie: Love Enduring Promises-1	17 10:00 Music w/Dace-1 2:00 Afternoon at the Opera at KD-1 6:00 Wine & TV-1
18 10:00 Reading w/Dace-RA 2:30 B-day Card Making w/Dace & Abina-1 6:00 Sunday Evening TV-1	19 FAMILY DAY 1:40 Eye Glass Cleaning w/Sol-V 2:30 Fruit, Tea & Current Events w/Sarah-1 6:00 Bedside Activities-V	20 10:45 Latvian Sing-a-long-1 1:45 OUTING: Walmart 2:00 Reminiscing w/ Anita-1 2:15 Horticulture care w/Sol-V 6:30 Snoezelen Room-RA	21 10:00 Colouring Group-1 2:30 ChitChat & Tim Hortons w/Heather-1 6:00 One to One Visits-V	22 MARGARITA DAY 10:40 Latvian Newspaper Reading & Discussion w/Dace -B 2:30 Happy Hour: Margarita's w/Abina-1 6:30 Word Games-1	23 11:00 Walking/Rolling W/ 2:30 Bingo w/ Dace & Larisa-1 2:45 Colouring Corner w/Abina-RA 6:00 Movie: The Proposal-1	24 10:00 Balloon Volleyball w/Sarah & Larisa-1 2:30 Hand Spa w/Sarah and Larisa-1 6:00 Wine & TV-1
25 10:30 Church Service w/A&I Gaide-1 2:30 Brain Games w/Larisa-1 6:00 Sunday Evening TV-1	26 1:40 Eye Glass Cleaning w/Sol-V 2:30 Fruit, Tea & Current Events w/Jessica-1 6:00 Bedside Activities-V	27 10:45 Latvian Sing-a-long-1 2:30 Birthday Party w/Entertainment: Pamela Archer-1 6:30 Snoezelen Room-RA	28 10:40 Puzzle Corner-1 1:45 OUTING: Walmart 2:15 Calendar Delivery-V 2:30 Bingo w/Jessica-1 6:00 One to One Visits-V	29 LEAP DAY 10:40 Latvian Newspaper Reading & Discussion w/Larisa-B 2:30 Happy Hour w/Sarah-1 6:30 Montessori Kits-1		Legend: B = basement V = Various areas RA = Reading Area R = Riga Room 1 = 1 st floor

WHAT'S NEW IN THE ACTIVATION DEPARTMENT

New Student in Programs!

Please welcome Tyler to the Activation department as he completes his Student Placement. Tyler is from Humber College completing his Social Service Worker Program. He will be at KD on Thursday and Fridays!

What is the Highlighted "Programs Department Meeting?"

Highlighted in green this month on February 7th states Programs Department Meeting. This meeting is for all the programs staff who are working on that day. They will be attending a meeting in Nelusha's Office for 1 hour to discuss the residents meeting along with planning the next month. This meeting will take place monthly, and you will be informed of it on the monthly programs calendar!

What is a One to One Visit?

A One to One Visit is when the Programs Staff/Resident Assistants will visit the residents in the comfort of their own space. Residents can choose not to have a visit. A visit is generally 10-15 minutes in length and is often available for those residents who do not attend any scheduled group activities. An opportunity for the team to either bring the activity to you or have a nice chitchat.

LISTED OUTINGS ON CALENDAR

For the winter season, outings on the calendar and Programs Information Board are weather permitting only and based on Programs Staff availability. There must be a minimum of 3 people signed up in order for outing to take place.

In Memory of those we have lost..



**George Yeremian
Rest in Peace**

CELEBRATE February BIRTHDAYS!

Zelma Kubsch-Ozols
Gunta Stiebrins
Angelantoni Panacci
Amtul Siddiqi
Jagitha Kanesan
Andra Kankis
Skaidrite Brencis

We welcome everyone who moved to KD in January



**Emma Debiasio
Mirdza Hausmanis**



Broken Hearts

Mend these broken hearts to figure out the hidden message:

Valentine's Day Riddle: Use the numbers above to fill in the riddle.
Why did the dog and cat fall in love?

1 2 3 4 5 6 7 8 9 10 11 12 13 14



UPCOMING

EVENTS

- Coffee Tasting:** Friday, 2nd at 2:30pm -1
- March Program Planning with Nelusha:** Wednesday 7th at 10:40am-B
- Valentine's Day Craft Club:** Friday 9th at 2:30pm-1
- Chinese New Year Social:** Saturday 10th at 2:30pm-1
- ARMCHAIR TRAVEL WEEK IS FEBRUARY 12TH TO 16TH: FRANCE Pancakes n' Fruit (Shrove Tuesday on Monday), Tea & Current Events w/Dace:** Monday 12th at 2:30pm-1
- Residents' Council Meeting:** Tuesday, 13th at 2:00pm-1
- Tim Horton's Cart:** Wednesday 14th at 10:40am-V
- Armchair Travel to France w/Abina & Sarah:** Wednesday 14th at 2:30pm-1
- Happy Hour:** French Cocktail & Croissant w/Larisa: Thursday 15th at 2:30pm-1
- French Trivia w/Larisa & Sarah:** Friday 16th at 2:30pm-1
- Afternoon at the Opera:** Saturday 17th at 2:00pm-1
- Birthday Card Making w/Dace & Abina:** Sunday 18th at 2:30pm-1
- Chit Chat & Tim Horton's w/ Heather:** Wednesday 21st at 2:30pm-1
- Happy Hour:** Margarita's w/Abina: Thursday 22nd at 2:30pm-1
- Church Service w/ A&I Gaide:** Sunday 25th at 10:30am-1
- Birthday Party w/Entertainment by Pamela Archer:** Tuesday 27th at 2:30pm-1

FEBRUARY OUTINGS

- Sign up is required, minimum 3 residents to attend outing to take place
- Latvian Centre Lunch** – February 1st 15th
- Walmart** – February 20th and 28th

SOME NATIONAL DAYS IN FEBRUARY

- GROUNDHOG DAY – 2ND**
- NATIONAL WEAR READ DAY – 2ND**
- CHINESE NEW YEARS – 10TH**
- SUPERBOWL SUNDAY – 11TH**
- MARDI GRAS – 13TH**
- SHROVE TUESDAY – 13TH**
- VALENTINES DAY – 14TH**
- LENT – 14TH**
- ASH WEDNESDAY – 14TH**
- NATIONAL CANADA FLAG DAY – 15TH**
- FAMILY DAY 19TH**
- MARGARITA DAY – 22ND**
- LEAP DAY -29TH**