

# Medical Director Report to 2023 Annual General Meeting For April 2022 - March 2023

## Medical Director: Dr. Moosa Fadhel

Resident Age Range: 35-105

Number of Admissions: 35

Number Deceased: 26

This year, we successfully hired a third attending physician, Dr. Fairyal Kassam who has been caring for residents at Kristus Darzs since July 2022. The call schedule was divided evenly between the three physicians and we have been providing 24-7 coverage since then. The physicians continue to attend annual multidisciplinary care conferences, meet with families when required and participate in the quarterly Professional Advisory Committee meetings.

When required, Dr. Gail Nield (dermatologist) and Dr. Michael Kugelmass (psycho-geriatrician) are available for consultation. Michelle Searl, our dietician is available regularly for nutrition based concerns and pharmacy services continue to be provided by Geriatrix. Kristine Lorbergs continues to aid with assessment and constant re-evaluation of mental well being and as she is fluent in Latvian, also provided regular comfort and reassurance to our residents.

In the fall of 2022, the executive director, along with the medical director and director of care participated in an in-depth survey run by geriatrix in order to apply for and begin the process of implementing an electronic ordering system. As a result, this system has been in place since February 2023 and is functioning well. This service will allow greater efficiency in placing medical orders, faster turnover time between new orders and the time those orders are implemented as well as reducing the risk of errors.

The Professional Advisory Committee (PAC) meets virtually on a quarterly basis and is attended by the various members of the medical staff as well as the Executive Director, Director of Care and York Region Public Health representatives. The Committee reviews updates and trends from the practitioners, reviews any policies as needed and discusses any relevant resident issues and concerns. During this reporting period, we reviewed COVID outbreaks, infection prevention and control and discussed updated guidelines regarding prescribing of specific medicines and their indications.

Our COVID-19 response continues to evolve to reflect the current context of the pandemic. Most of our residents have been vaccinated with multiple doses of COVID

vaccines which has substantially reduced the risk of severe outcomes and reduced the frequency of disruption to their daily routines. We anticipate new challenges in the coming year related to ethical and logistical issues in the Home. Moving forward, our goal is to maintain a balanced approach which aims to protect our residents interests and reduce the risk of severe disease while minimizing the impact of residents' health and well being. We aim to achieve this through prevention and early detection.

In order to meet new standards mandated by recent legislation, the medical director completed and reviewed educational courses which were recommended by the executive director. These courses will now be assigned to all medical staff to be completed on a yearly basis and will be adjusted as necessary. Additionally, Kristus Darzs has returned to full capacity and now has 100 residents who are currently being cared for.

Dr. Moosa Fadhel  
Medical Director  
Kristus Darzs Latvian Home  
April 2023