

















Tuck Shop: Front Foyer
Tuesdays at 11:30am

Hair Dresser: B
Fridays (please sign up)

Exercise: (1/B)
Monday-Friday at 10:00am

Movie: (1)
Daily at 1:00pm

Legend: B = basement G = garden 1 = 1st floor main area V = Various areas (1:1) I = Independent

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>4 10:45 Reading Club -B 2:30 Afternoon Movie - 1</p> 	<p>5 Labour Day! 10:40 One to One Visits - V 2:30 Fruit, Tea & Current Events - B 6:00 Hand Massages – V</p> 	<p>6 10:45 Latvian Singing - 1 2:00 Reminiscing Group with Anita Gaide - 1 6:00 Chill Out in the Garden</p> 	<p>7 10:40 Resident’s Program Planning October - B 2:30 Hands On Exotics - 1 6:00 Movie Night -1</p> 	<p>8 10:40 Latvian Newspaper Reading & Discussion - B 1:30 Gourmet Club -B 2:30 Happy Hour – B 6:00 Chill Out in the Garden</p>	<p>2 11:00 Walking W/Music - I 2:30 Bingo – B 3:30 Panorama News -1</p> 	<p>3 10:30 Church Service with A & I Gaide - 1 2:30 Afternoon Movie - 1</p> 
<p>11 National Grandparents Day! 10:45 Reading Club -B 2:30 Grandparents Day Social Discussion - G 6:00 Music Therapy - 1</p>	<p>12 National Chocolate Milkshake Day! 2:30 Milkshakes & Current Events - B 6:00 Movie Night – 1</p> 	<p>13 10:45 Latvian Singing - 1 2:00 Residents’ Council - B 6:00 Bedside Activities – V</p> 	<p>14 10:40 Words that begin with the letter...- B 2:30 Brain Games - B 6:00 Table Top Games -1</p>	<p>15 10:40 Latvian Newspaper Reading & Discussion - B 1:30 Gourmet Club -B 2:30 Happy Hour – B 6:00 Chill Out in the Garden</p>	<p>16 11:00 Walking W/ Music - I 2:30 Chill Out in the Garden 3:30 Panorama News - 1</p> 	<p>17 2:30 Hand Spa - 1 6:00 Wine & Juice Cart - V</p> 
<p>18 10:45 Reading Club -B 2:30 Afternoon Movie - 1</p> 	<p>19 National Butterscotch Pudding Day! 10:40 One to One Visits - V 2:30 Butterscotch Pudding, Tea & Current Events - B 6:00 Hand Massages – V</p>	<p>20 10:45 Latvian Singing – 1 2:00 Reminiscing Group with Anita Gaide - 1 6:00 Chill Out in the Garden</p>	<p>21 Last Day of Summer! 10:40 Guessing Games - B 2:30 Riddles & Giggles - B 6:00 Movie Night -1</p> 	<p>22 First day of Autumn 10:40 Latvian Newspaper Reading & Discussion - B 1:30 Gourmet Club -B 2:30 Happy Hour – B 6:00 Games Night -1</p>	<p>23 11:00 Walking W/ Music - I 2:30 September Birthday Celebration - B 3:30 Panorama News – 1 6:00 Relaxing in the Garden</p>	<p>24 2:30 Rock Painting - B 6:00 Wine & Juice Cart - V</p> 
<p>25 10:30 Church with A and I Gaide - 1 2:30 Garden Gathering with Music 6:00 Music Therapy -1</p>	<p>26 2:30 Fruit, Tea & Current Events - B 6:00 Movie Night -1</p>	<p>27 10:45 Latvian Singing – 1 2:30 Summer Events Picture Collaging - B 6:00 Bedside Activities – V</p>	<p>28 10:40 Name that Flag - B 2:30 Summer Events Picture Collaging -B 6:00 Table Top Games -1</p>	<p>29 National Biscotti Day! 10:40 Latvian Newspaper Reading & Discussion - B 1:30 Gourmet Club -B 2:30 Happy Hour – B 6:00 Chill Out in the Garden</p>	<p>30 11:00 Walking W/ Music -I 2:00 Church Service with Pastor Dag Demandt - 1 6:00 October Calendar Delivery -V</p> 	

Q: What is Reading Club?

A: This is a residents choice program from September Program planning. We will choose a book and read it together weekly!

Q: What is Walking W/ Music?

A: This is an independent program. Music will be played on the 1st floor and residents will have the opportunity to walk around the foyer.

Q: What is a Bedside Activity?

A: Bedside activity are for those residents who choose to not attend daily programs and activities or for those who are not able to get out of their rooms.

Q: What is Hands on Exotics?

A: It is an interactive animal outreach program. An opportunity to meet, touch and be involved in an educational session on furry friendly animals.

Q: What is Summer Events Picture Collaging?

A: We will be making a photo collage of all the summer events that we have enjoyed from May to August 2022, have it framed and hung up in the home!

In Memory of those we have lost...



Liubov Loundina
Magdolna G. Lakihazi

May they Rest in Peace

		5				4	
		4			3	5	8
		6	8		4	3	1
			6	8		3	
		2				8	
		3			2	9	
5		7	2			1	8
6		9	5			4	
		8				2	

Happy Birthday

To Everyone in September!



- Eliana Juarez
- Valija Briksnis
- Ivars Austrins
- Ilmar Lejniaks
- Zanis Gertners
- Veronica Lejniaks
- Thu Xuan Tran
- Manoran Thangarajah
- Chanh Huynh
- Velta Flaums
- Livija Pope
- Ciro Massaro
- Jean Patterson
- Konrad Martinec



UPCOMING EVENTS

Resident Program Planning for October
Wednesday, September 7th at 10:45am -B

Hands on Exotics
Wednesday, September 7th at 2:30pm - 1

Grandparents Day Social Discussion
Sunday, September 11th at 2:30pm – B

Residents 'Council Meeting
Tuesday, September 13th at 2:00pm - 1

September Birthday Celebration!
Wednesday, September 21st at 2:30pm – 1



This Month

Reading Club (resident's choice)
Every Sunday at 10:45am -B

Walking W/ Music (residents' choice)
Every Friday at 11:00am – 1

Summer Events Picture Collaging
September 27th and 28th at 2:30pm

CAN YOU FIGURE IT OUT?

