



KRISTUS DARZS LATVIAN HOME

Medical Director Report to 2021 Annual General Meeting Year 2019 Medical Director, Dr. Niedoba

Average age as of December 31, 2019: 89

Number of Admissions in 2019: 38, 12 were short stay

Number of residents deceased: 26

During 2019, Dr. Haleem left the team of attending physicians and Dr. Elizabeth Niedra joined, Dr. Krystolovich, Dr. Fadhel and Dr. Niedoba (Medical Director). The case load was evened out among the physicians. The attending physicians share on call ensuring that there is always physician available as well as attend annual care multidisciplinary conferences, meet with families when required and participate in the Professional Advisory Committee meetings. The Medical Director provided on site education for staff.

When required, dermatologist, Dr. Francesca Cheung and psycho-geriatrician Dr. Michael Kugelmass are available for consults. A dietitian is available weekly and when required Speech Language Therapists make visits. Working very closely with all physicians and staff is the Nurse Practitioner from MacKenzie Health Hospital who visits weekly. Pharmacy services are provided by Geriatrix. For the better part of the year, a Nurse Practitioner specializing in medical cannabis worked in partnership with the physicians, however, due to a change in the cannabis supplier the service was discontinued.

The Professional Advisory Committee (PAC) meets on a quarterly basis. Members include the Medical Director, attending Physicians, the Pharmacist, the Physio- therapist, the Dietitian, the Nurse Practitioner, York Region Public Health, The Director of Care and other management staff as required. The Committee reviews updates and trends from the various practitioners, reviews policies as required and resident issues.

During 2019, some of the topics discussed included; enteric/respiratory outbreaks, infection prevention & control, best practices for medical cannabis use and the use of antipsychotic drugs.

As in previous years the resident acuity of care levels continues to increase. Staffing levels and the infrastructure design are challenges when the numbers of residents with dementia and wandering behavior. These challenges are particularly significant during outbreaks.

Dr. Niedoba
Medical Director
Kristus Darzs Latvian Home