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### Kristus Dārza Gadskārtējā Pilnsapulce

Trešdien, 2019. gada 29. maijā  
Sākums plkst. 19:00

Sv. Jāņa Baznīcas telpās 200 Balmoral Avenue, Toronto

### DARBA KĀRTĪBA

1. Deleģātu reģistrēšana.
2. Lūgšana
3. Sapulces vadības ievēlēšana.
4. Darba kārtības pieņemšana
5. Iepriekšējās pilnsapulces protokola pieņemšana.
6. Darbība, kas izriet no protokola.
7. Valdes un komiteju ziņojumi.
8. IDEAS Projekts.
9. Direktores un Galvenā/Atbildīgā ārsta ziņojumi.
10. "Nākotnes plāna" Phase II darbība
11. Kasiera un zvērinātā revidenta ziņojumi.
12. Revīzijas Komitejas ziņojums.
13. Finansiālo pārskatu pieņemšana.
14. Zvērināto revidentu apstiprināšana.
15. Valdes un Revīzijas Komitejas vēlēšanas.
16. Turpmākā darbība/ dažādi jautājumi.
17. Sēdes noslēgums.

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## **KRISTUS DARZS LATVIAN HOME**

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### **Kristus Dārzs Latvian Home Annual General Meeting**

**Wednesday, May 29<sup>th</sup>, 2019 at 7:00 pm.**

**St. John's Evangelical Lutheran Church  
200 Balmoral Avenue, Toronto**

#### **AGENDA**

1. Delegate Registration
2. Prayer
3. AGM facilitation elections
4. Review and approval of AGM agenda
5. Review and approval of previous AGM minutes
6. Business arising from previous AGM minutes
7. Board and subcommittee reports
8. IDEAS Project
9. Executive Director and Medical Officer reports
10. "Future Directions" Phase II update
11. Finance and Auditor's report/presentation
12. Supervisory Committee report
13. Approval of Auditor's report
14. Appointment of Auditor
15. Election of new Board and Supervisory Committee members
16. Further Business/ Q & A
17. Meeting Adjournment

## Kristus Darzs Mission Statement

Kristus Darzs Latvian Home is a not for profit, charitable 100 bed Long Term Care home located in Woodbridge, Ontario.

**Our purpose:** We provide Long Term Care in a culturally sensitive setting that respects Latvian heritage.

**Our philosophy:** Kristus Darzs is home for individuals who require ongoing care and can no longer safely live independently. Kristus Darzs strives to offer services that meet each resident's physical, social, emotional and spiritual needs in a homelike atmosphere.

**Our principles:** At Kristus Darzs we are committed to offering the highest quality care, delivered with compassion and respect in safe surroundings, ensuring the individual rights of every resident. The staff, volunteers and board work together to provide resident and family centered care in a nurturing environment.

### **Kristus Dārza Misija**

Kristus Dārzs Latviešu Māja ir bezpeļņas, labdarīga, 100 gultu aprūpes mītne Woodbridge, Ontario

**Mūsu Mērķis:** Sniegt ilgtermiņa aprūpi latviskā vidē.

**Mūsu Pieeja:** Kristus Dārzs ir mājvieta tiem indivīdiem, kam ir nepieciešama pastāvīga aprūpe, un kas nevar vairs droši neatkarīgi dzīvot savās mājās. Kristus Dārzs cenšas kalpot katra iemītnieka fisiskām, sabiedriskām, emocionālām un garīgām vajadzībām mājīgā gaisotnē.

**Mūsu Principi:** Kristus Dārzā, mūsu pienākums ir gādāt par visaugstākās kvalitātes aprūpi, kas tiek sniegta ar līdzjūtību un respektu drošā vidē, ievērojot katra iemītnieka individuālās tiesības. Darbinieki, brīvprātīgie palīgi un valde sadarbojas ar iemītnieku un viņu ģimenēm, lai sniegtu gādīgu, mājīgu aprūpi.

# KRISTUS DĀRZS LATVIAN HOME ANNUAL GENERAL MEETING

**May 30, 2018**

Held at St. John's Ev. Lutheran Church, Toronto, ON at 7.00 pm

## ***MINUTES OF THE MEETING***

Dr. Baiba Zarins (Chair of KD Latvian Home) introduced herself, greeted everyone on behalf of the Board of Directors, and opened the meeting at 7:10 pm.

Baiba Zarins reminded the delegates that the Kristus Darzs Latvian Foundation is a separate entity, and the Foundation Annual General Meeting will take place after the conclusion of the Home Meeting. She also thanked St. John's Ev. Lutheran Church for providing the facility to hold this meeting.

The dietary staff of the Home were recognized and thanked for their provision of the refreshments for the AGM, including the potato salad prepared by the residents. Monica McCallum was thanked for her dedication to providing nutritious "home style" meals for the residents of Kristus Darzs.

### **1. Delegate registration:**

Valda Berzins, KD LF Chair, advised no organizations have ceased operations since last year's AGM and that no new organizations have asked for representation. Alda Hans reported that 30 delegates representing 21 organizations are present for this meeting.

### **2. Opening Prayer**

Opening prayer was read by Imants Karklins

### **3. Designation of the Chair, Secretary, and vote counters for the meeting.**

Andris Smits proposed that Baiba Zarins be the Chair for the AGM. Baiba Zarins accepted the proposal. No other candidates to Chair the meeting were put forward.

**Resolution:** To appoint Baiba Zarins to be the Chair of the AGM.

**Moved:** by Gita Kinstlers

**Seconded:** Vilnis Petersons

**Carried**

Baiba Zarins thanked the delegates and proposed to elect a Secretary for the AGM. Baiba Zarins proposed that Andris Smits fill the role of Secretary for the AGM. Andris Smits accepted the proposal. No other candidates were proposed.

**Resolution:** Andris Smits to be appointed Secretary for the meeting.

**Moved:** by Imants Karklins

**Seconded:** by Valda Berzins

**Carried**

Baiba Zarins asked for delegate volunteers to fill the positions of three vote counters required to record votes during the meeting.

Applicants to count the votes are Imants Hausmanis, Modris Lorbergs and Vilis Miklasevics.

No other candidates for counting of votes were proposed.

Imants Hausmanis, Modris Lorbergs and Vilis Miklasevics are elected as vote counters by acclamation.

**Moved:** by Atis Bredovskis to close the elections

**Seconded:** by Valda Berzins

**Carried**

#### **4. Acceptance of the Agenda.**

A date correction on the English version of the Agenda was required. No other changes were proposed.

**Resolution:** To accept the Agenda as presented.

**Moved:** by Valda Berzins

**Seconded:** Imants Hausmanis

**Carried**

#### **5. Acceptance of the Minutes from the 2017 Annual General Meeting**

No changes to the Minutes were requested.

**Resolution:** To accept the 2017 Kristus Darzs Latvian Home Annual General Meeting Minutes as published.

**Moved:** by Valda Berzins

**Seconded:** Irena Zvagulis

**Carried.**

#### **6. Business Arising from the 2017 AGM Minutes.**

There was no business arising from the minutes of the 2017 Annual General Meeting as the proposed changes to the Not for Profit Act have yet to be finalized.

#### **7. Reports of the Chair and the Standing Committees of the Board**

Chair: Baiba Zarins

Baiba Zarins opened by requesting a moment of silence in memory of two long time Board members, Dr. Eduard Upenieks and Irene Logins. Their tireless work for Kristus Darzs was acknowledged.

Baiba Zarins further provided a brief synopsis of the hard work everyone is putting forth to continue providing the quality of care that Kristus Darzs is able to provide. She noted the collaborative effort put forth by both KDLH and KDLF Boards in addressing strategic planning initiatives, and as well the broader Latvian community for their ongoing support.

Building Committee: Chair Aris Pakalns had nothing to add to the Building Committee report included with the AGM material distributed to delegates.

Redevelopment: A presentation will be provided later in the agenda.

Fundraising Committee: Valda Berzins had nothing to add to the Fundraising Committee report included with the AGM material distributed to the delegates.

Board Development Committee: Chair Baiba Zarins had nothing to add to the Board Development Committee report included with the AGM material distributed to delegates

Quality of Care Committee: Chair Inara Ezers had nothing to add to the Quality of Care Committee report included with the AGM material distributed to delegates.

Finance Committee: Report will be part of the auditor's presentation on the agenda.

Baiba Zarins asked if there were any questions on the Committee reports. None were raised.

**Resolution:** To accept the reports as presented.

**Moved:** by Imants Hausmanis

**Seconded:** Vilnis Petersons

**Carried**

## 8. Report of the Executive Director & Medical Director's report

Executive Director Lauma Stikuts invited any questions about her attached report from attendees. No questions were raised.

Lauma highlighted 2 specific items in addition to her published report:

(a) Kristus Darzs is exploring a Recycling & Waste initiative that should reduce the cost of waste management, while contributing positively to the environment.

(b) The call bell system will be replaced with a more modernized version. She thanked Daugavas Vanagi for their financial assistance in funding this project.

Lauma also thanked the management team present at the AGM, Monica McCallum (KD Dietary Manager), Alda Hans (KD Resident Support Manager) and Inese Pogule (Quality Lead).

Medical Officer Dr. J. Niedoba was not present but his report was included in the AGM package. Lauma Stikuts offered to address any questions delegates may have of the Medical Officer's report.

Baiba Zarins thanked Lauma for her dedication to Kristus Darzs and presented her with a small gift.

**Resolution:** To accept the report of the Executive Director and Medical Officer as presented.

**Moved:** by Gita Kinstlers

**Seconded:** Valda Berzins

**Carried**

## 9. Future Directions Presentation

Baiba Zarins introduced the Chairs of the two focus groups actively looking at options for Kristus Darzs: Gita Kinstlers, representing group 2 (re-build at the existing KD site) and Eriks Eglite, representing group 4 (build at a new location). Also presenting, Atis Bredovskis, representing Daugavas Vanagi, Toronto division, will provide input for re-building at the current KD site.

Atis Bredovskis spoke first. His recommendation is to continue exploring building on the existing site. The site has the physical space and he felt we can build while continuing regular operations in the current facility. Once the new facility is completed and residents move in, the suggestion is the former facility could be upgraded slightly and then have the rooms rented out as senior residences. Atis Bredovskis addressed the required new dimensions of rooms & hallways for a new facility and presented sketches of what the new facility could look like, incorporated into the current structure.

Gita Kinstlers spoke next, updating delegates on meetings her group has had with the municipality. In short, the area across the road from Kristus Darzs will be developed (ie municipal infrastructure), but accessing water or sewer would be at our own cost. A powerpoint presentation addressed options we could have and current recommendations from group 2. A copy of the powerpoint is available for view on the KD website.

Eriks Eglite (group 4) concluded the presentations. Their suggestion is to build on the existing Latvian Canadian Cultural Centre grounds in Toronto, the basis being to have a facility that is centralized (transit availability, for example). A powerpoint presentation of an architect's renderings, highlighted how a facility could be added to the existing Latvian Centre footprint. The major hurdle Eriks sees is securing the re-zoning applications that would have to accompany this. The powerpoint presentation is available for viewing on the KD website.

Baiba Zarins thanked all the presenters for their leadership and progress within the respective work groups.

At this time, Valda Berzins invited any other delegates from organizations to provide their thoughts and input into the redevelopment discussion. From Sv. Jana Baznica, a concern of how the necessary resources for such an endeavor would be secured, was raised; from Atis Bredovskis, re-iterating the recommendation that a re-build should occur on the existing site. No other commentary was put forth.

At this time Baiba Zarins presented the following resolution to the AGM delegates, to be voted on:

**“Whereas** the Kristus Darzs Latvian Home (KDLH) Board of Directors and Kristus Darzs Latvian Foundation (KDLF) have collaborated in the redevelopment project of KDLH in advance of our LTC licensing expiring in 2025;

**Therefore** the organizational stakeholders of Kristus Darzs Latvian Home in attendance at the May 30<sup>th</sup> Annual General Meeting hereby give the KDLH Board of Directors the authority to move ahead with redevelopment once a location (either on-site or elsewhere) is secured and to make public this final redevelopment plan/strategy by January 2019”

**Moved** to accept resolution: Imants Karklins

**Seconded:** Vilnis Petersons

There are 2 abstaining to vote

**Carried**

## 10. External Auditors Report

Kristine Smith, Finance Committee Chair, introduced Glenn Dennis, of Brodeur Dennis Chartered Accountants, and also thanked Jon Irwin, accountant for Kristus Darzs for his day-to-day support. Glenn Dennis presented the Auditors report and provided a brief overview of 2017 Audited Financial Statements included with the AGM materials provided to all delegates.

Glenn Dennis advised that the reports are prepared by the Home and audited by him. He highlighted key points on the Statement of Financial Position.

Glenn Dennis invited questions from the delegates. Baiba Zarins thanked Glenn Dennis for his presentation.

The delegates were reminded that the Financial Statements would be approved after the presentation of the Supervisory Committee.

#### **11. Supervisory Committee (Internal Review Committee)**

Imants Karklins advised the Committee had nothing to add to the Supervisory Committee report included with the AGM material distributed to delegates

**Resolution:** to accept the Supervisory Committee Report

**Moved:** by Valda Berzins

**Seconded:** Kristine Smith

**Carried**

#### **12. Approval of the Auditors and Treasurer's Reports.**

No questions were raised.

**Resolution:** The Financial Reports as presented to be accepted.

**Moved:** by Gita Kinstlers

**Seconded:** Kristine Smith

*Carried*

#### **13. Approval of External Auditor**

**Resolution:** Proposal that the KDLH AGM authorizes the Board to select Brodeur Dennis Chartered Accountants as the external auditors for the Kristus Darzs Latvian Home for 2018, and to pay fair remuneration for the services rendered.

**Moved:** by Kristine Smith

**Seconded:** Inara Ezers

*Carried*

#### **14. Election of the Board and the Supervisory Committee (Internal Review)**

Baiba Zarins advised that the Board Development Committee works with both the Home and Foundation for securing new potential Board candidates and members eligible for renewed terms. Nominations of members are sought in the Latvian community, and the Committee works hard within the community to present members for election to the Boards of the Home and Foundation. Baiba thanked the following retiring Board members for their service in the past years: Gustavs Kalnins and Edite Flaums.

Four positions are vacant. Baiba recommended the following candidates to the Board for a term of 3 years each:

- Dr. Fritz T. Kristbergs – for 3 years (renewal)
- Dr. Baiba Zarins – for 3 years (renewal)
- Imants Hausmanis – for 3 years (new member)
- Ligita Welsh – for 3 years (new member)



Candidate resumes are included in the delegate package.  
No other candidates are proposed.

**Resolution:** That the nominations be closed.  
**Moved:** by Ojars Sils  
**Seconded:** Vilnis Petersons  
**Carried**

The candidates are acclaimed.

The Supervisory Committee has openings for 1 candidate.

The candidate for the Supervisory Committee is:  
Inta Purvs – for 3 years (renewal)

No other candidates were nominated.

**Moved:** by Imants Karklins to close the nomination.  
**Seconded:** Vilnis Petersons  
**Carried**  
The candidate is acclaimed

## 15. Further Business

Baiba Zarins asked the Delegates if there were any questions or comments on the material presented.  
No additional questions raised.

### 16. Meeting Adjournment

**Resolution:** That the Annual General Meeting be closed.

**Moved:** by Vilnis Petersons  
**Seconded:** Inara Ezers

**Carried**

The Annual General Meeting was adjourned at 8.50 p.m.

The Kristus Darzs Latvian Foundation Annual General Meeting to commence after a five minute break.  
The delegates were invited to partake of the refreshments during the break.

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Baiba Zarins  
Chair

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Andris Smits  
Secretary

## Priekšēdes ziņojums 2019.g. pilnsapulcei.

*Vēlētos sveicināt visus Kristus Dārza iemītniekus, darbiniekus un atbalstītājus mūsu 2019. gada pilnsapulcē!*

*Pēdējais darbības gads ir bijis ļoti aktīvs un rosīgs, veicināt mūsu kopējo misiju kalpot iemītnieku labklājību un aprūpi latviskā vidē. Kristus Dārza valde, vadība un darbinieki turpina apgādāt mūsu iemītniekus un sabiedrību ar centību un uzticību.*

*Šī gada pārskats ietver komitejas ziņojumus kā arī pēdējā gada darbības kopsavilkumus. Komiteju priekšsēži un locekļi ir panākuši nesagaidītus sasniegumus vairākos laukos, ieskaitot finānciālā pārziņāšanā, līdzekļu vākšanā, aprūpes kvalitātē, valdes attīstībā un nama uzlabošanā, un ir turpinājuši valdei un vadībai dot vērtīgus un nozīmīgus ierosinājumus kā nodrošināt izcilu apgādi, uzraudzību un pastāvīgu uzlabošanu. Panākumi mājas darbībā un iemītnieku apgādē ir pārsnieguši paredzētās cerības un merkus, iksevišķi pateicoties visiem kvalitātes apgādē apzinot līdzekļu ierobežojumus, un mūsu "Nākotnes Plānu-Pārbuves" sarunas atbalstītājiem.*

*Ar prieku ziņojam, ka esam aktīvi sadarbojusies ar Kristus Dārza Fondu vadību, lai turpināt atbalstīt Kristus Dārza Mājas darbību. Mes sagaidam vēl plašāku sadarbību ar nākotnes aprūpes prasībām.*

*Ārpus ikdienas atbildībām, pēdējais gads Kristus Dārzam bija vēltīts pārrunāt un nopietni vērtēt nākotnes plānus un stratēģisko pieeju mūsu gadskatējā sesijā. Starp vairākam idejām un plāniem, darbība vēršās uz jaunumiem sakarā ar likummaiņām Ontario provinces veselības ministrijā un mūsu nākotnes līgumu parakstīšanai, iksevišķi iegaumot patreizejas parmainas uz Ontario Health Authority strukturu. Lielu uzmanību patreiz vēršās uz „Nākotnes Plānu-Pārbuves” projektu ar PRISM Partners Inc. lai nodrošināt ka mūsu darbība varētu reāli turpināt atspoguļot mūsu kopējās mērķus un stratēģisko pieeju.*

*Esmu piedalījies Kristus Dārza Vadībai jau 12. gadus, un izsaku atzinību valdes kolēģiem, mājas vadībai un darba spēkam, kā arī sabiedrībai- pateicos par ikkatru atbalstu un uzticību. Esam tik ļoti pateicīgi par ikkatru brīvprātīgo darbinieku! Iksevišķi pateicos par tūvo līdzdalību ar Fondas valdi veicināt mūsu kopejos mērķus. Prieks redzēt un lepnoties, ka Kristus Dārzs turpina aktīvo atzinību un darbību Kanadas apgādes sabiedrībā un pieredzes līmeni, lai varam izplatīt sadarbības iespējas un ar parliecību sastaptu un apietu nākotnes izaicinājumus aprūpes laukā.*

*Dr. Baiba Zariņa,  
Kristus Dārza Mājas Priekšsēde*

## Board Chair 2019 Report to the AGM

Greetings to all Kristus Darzs Latvian Home residents, administrative leadership and supporters at our 2018 Annual General Meeting!

The past fiscal year for the Kristus Darzs Latvian Home has been an eventful and fruitful one in terms of ongoing operations, governance and strategic orientation. The Board of Directors of Kristus Darzs, its management and staff continue to serve our residents and our community with diligence and commitment.

This year's annual report includes overviews of the various committee activities and challenges as well as a synopsis of the year's operations. The Committee chairs and members have made unprecedented accomplishments in several areas, including financial management, fundraising, board development, quality assurance and physical plant management, and have continued to provide the board and management with sound recommendations to ensure service excellence, meaningful oversight and continuous improvement. More importantly, the Home's operations continue to exceed expectations in a number of areas, most notably in successful quality improvement initiatives within fiscal constraints alongside the many 'Future Directions-Redevelopment' conversations.

The Home is delighted to be working closely with the Kristus Darzs Foundation governance to meet the supportive needs of the Kristus Darzs Home. We anticipate continued close collaboration in support of the purpose, philosophy and principles of our mission statement.

Outside of its regular responsibilities, this board year has met a key milestone in the "Future Directions-Redevelopment" initiatives with a successful collaboration with PRISM Partners in attaining a feasibility study by early 2019 to share with all stakeholders. This important study addressed and focused on operational viability, sustainability, business development and strategic alliances. Many of the concerns of monthly Board meetings are beginning to crystallize in the context of recently introduced changes, regulations, priorities and expectations on the provincial level with the recent restructuring to an Ontario Health Authority. One area of continued focus remains our "Future Directions-Redevelopment" discussions and subsequent activity; ensuring all board activity aligns with Kristus Darzs vision and mission within a strategic plan framework.

In my past 12 years working within the Kristus Darzs board, I feel very proud to work aside such professional, compassionate, and ambitious Kristus Darzs Board and Home administrative colleagues. Of particular acknowledgement is the close collaboration with the Kristus Darzs Latvian Foundation to implement our collective vision. Thank you for your support in my role as board chair. I appreciate and acknowledge the commitment of my board professionals, the management and staff of the home and the Kristus Darzs community. We can be proud of the many accomplishments of Kristus Darzs Latvian Home and look forward to our active participation within the local, provincial and Canadian health care provision challenges ahead, as we continue to strive in providing quality care to our residents.

Dr. Baiba Zariņa  
Kristus Darzs Latvian Home Board Chair

## Kristus Dārza Nama Komitejas ziņojums 2019 gada pilnsapulcei

Kristus Dārza komitejas mandāts ir kalpot kā tehnisko zināšanu padomdevējam ēkas un īpašuma apkopšanas jautājumos, un sniegt stratēģiskus padomus Valdei sakarā ar plānošanu, prioritāšu izstrādāšanu un nodošanu kapitāluzlabojumu jomā. Līdz ar to, komiteja dod padomus un sekmēt, ka Kristus Dārza mērķi saskan ar Ministrijas prasībām ēkas un īpašuma apsaimniekošanā.

Komitejas sastāvā 2018-2019 gadā darbojās: Aris Pakalns (preikšsēdis), Andris Šmits Imants Kārklīšs, Ansis Laucis, Imants Hausmanis, un Lauma Stikuts.

Darbības termiņa laikā, komiteja pārskatīja lūgumus nama uzlabošanai un kopuma apkopšanai. Lūgumu vajadzības bija vērtētas kā “nepieciešamas” vai “pagaidām atlikt”. Galvenās ierosmes ko komiteja panāca darbība termiņa laikā:

- Sagādāt un pievienot jaunu ugunsdrošības paneli
- Sagādāt un pievienot jaunus ugunsdrošības smidzinātājus guļam istabās
- Sagādāt un pievienot jaunu palīdzības zvanu sistēmu
- Paplašināt durvju platumus dažās istabās lai atļautu lielāku mobilitātes ierīces (ratiņkrēslu) kustību
- Jaunu grīdu birojos

Projekts kam jāpievērš uzmanība pašlaik:

- Atjaunot aprūpes stacijas

Komiteja turpina savas saistības sakarā ar atbildīgu vērtību pārvaldīšanu proporcionāli ar prasībām uzturēt un uzlabot Kristus Dārza vides kvalitāti, lai uzlabotu patriezējo iemītnieku dzīves apstākļus un piesaistītu jaunus klientus, kā arī, lai izpildītu Ministrijas standartus ēkas uzturēšanas jomā.

Tiek sagaidīts, ka jaunie ilgtermiņa aprūpes standarti radīs jaunus finančiālus spiedienus. Komiteja iesaka, ka līdzekļu vākšanas pasākumi turpinās, izvēršas un pieaug, lai nodrošinātu Kristus Dārza uzturēšanu.

Tuvākajai nākotnei, Komiteja iesaka turpināt iesāktu darbu lai nodrošinātu, ka ierobežotie līdzekļi tiek vērsti uz vissvarīgākajām vajadzībām. Komiteja arī iesaka, lai turpinās cieša sadarbība ar izpilddirektrisi ēkas pārvaldes un tehnisko vajadzību jomā un tiek sniegts padoms un atbalsts attiecībā uz Kristus Dārza īpašuma.

Ilgtermiņa nākotnē, komiteja iesaka Valdei un sabiedrībai turpināt plānot Kristus Dārza Latviešu Mājas pārbūvi.

Pateicos izpilddirektrisei un komitejas locekļiem par pastāvīgo atbalstu un uzticību.

Aris Pakalns,  
Priekšsēdis

## 2019 Annual Report of the Kristus Darzs Building and Property Committee

The mandate of the Kristus Darzs Building and Property Committee is to serve as a technical resource for matters related to the building, property and grounds, and to provide strategic advice to the Board related to the prioritization, planning, and delivery of capital improvements. As well, the committee provides advice to facilitate the alignment of Kristus Darzs' objectives with the requirements of the Ministry as they relate to the building, property and grounds.

The members of the 2018-2019 Kristus Darzs Building and Property Committee consisted of: Aris Pakalns (Chairperson), Andris Smits, Imants Karklins, Ansis Laucis, Imants Hausmanis and Lauma Stikuts.

During the term, the committee reviewed capital expense and general maintenance items as they arose during the course of the year. Items were prioritized as requiring "immediate attention" or to be "deferred" to a future date. Key projects initiated or completed during the past term

- Installation of a new fire panel
- Installation of sprinklers in resident rooms
- Replacement of the call bell system
- Widen doors in several resident room areas to accommodate larger mobility devices
- New flooring in the office area

Projects requiring attention currently under review:

- Refurbishing nursing stations

The committee has continued its ongoing commitment to responsible asset management balanced with the requirement to maintain, as well as improve the quality, appearance and environment of Kristus Darzs. Our goal is continued enhancement of the quality of life of our residents and to attract new residents, while meeting or exceeding Ministry of Health standards with respect to the physical facility.

With long-term sustainability as an objective, we expect new and emerging standards will create additional financial pressures. The committee recommends that fundraising operations continue to be expanded and accelerated to ensure sustainability.

In the short term, the committee recommends continued work to ensure that the limited resources available are applied to the most compelling needs. It is also recommended that committee continue to work closely with the Executive Director in terms of providing operational and technical direction and support as it relates to Kristus Darzs' physical assets.

In the long term, the committee recommends the Board and community continue with plans for a rebuild project of Kristus Darzs Latvian Home.

My thanks to the Executive Director and committee for their ongoing support and commitment.

Aris Pakalns,  
Chair

## **Valdes Attīstības Kometējas 2018-19 darbības pārskats**

Priekšsēde	Baiba Zariņa
Locekļi	Sandra Liepkalns Aris Pakalns Lauma Stikuts
Revīzija	Imants Kārklīšs

Komitējas sēdes tika noturētas ar Izpildes komitejas sēdēm.

### **Stratēģiskais Plāns**

Kristus Dārza stratēģiskais plāns tika pārskatīts ar FONDA sadarbību, uzturēt "Nākotnes Plāna" formātu. Šis gadskatejais darbs iesaista mūsu mērķus, ņemot vērā Valdes ierosinājumus īstermiņu un ilgtermiņu mērķiem.

### **Valdes Attīstība un Apmācība**

Komitējas pastāvīgais mērķis ir sagādāt Kristus Dārza valdes locekļiem tekošu informāciju un apmācību par jautājumiem kas iespaido Kristus Dārzu, koncentrējoties uz profesionālu attīstību, īpaši sakarā ar iemītnieku drošības iniciatīviem un aprūpes kvalitātes nodrošināšanu. Vērtība tika arī piegriesta sadarbībai ar vietējo veselības aprūpes apvienību (LHIN) un atbilstošā informācijas tehnoloģijā, aprūpes piegādes izveidošanai mūsu sabiedrības vecākajai paaudzei. Priekšlasījumi iekopot Pārbuves un Kognitīvā uzvedība tēmati tika pasniegti valdes locekļiem.

### **Valdes Pašpārskats**

Gadskārtējās valdes pašvērtēšanas rezultāti tika caurskatīti, sakopoti un virzīti tālāk valdei ar komitejas ieteikumiem nākošā gada darbībai. Šis rīcības nodoms ir izsekot valdes rīcībām un identificēt iespējas uzlabojumiem. Nākotnes pārskatu mērķis būs vairot iespējas personīgai augsmei un apsvērumiem.

### **Valdes Kandidāti uz 2019 pilnsapulci**

Kā daļu no valdes attīstības valdes nozīmētiem uzdevumiem ir apzināt kvalificētas personas un viņus aicināt kandidēt uz vakancēm valdē un revīzijas komisijā. Lai nodrošinātu valdes darbības nepārtrauktu plūsmi, tika caurskatītas esošo locekļu kvalifikācijas, ievērots un atklāti pārrunāts kur varētu rasties robeži valdes darbībā sakarā ar savu termiņu nokalpojušo locekļu aiziešanu.

### **Kristus Dārza Uzvedības Līgums**

Valdes uzvedības līgums tiek it katru gadu pārskatīts un parakstīts no visiem ievēlētiem valdes locekļiem. Atklātas pārrunas ir notikušas visās valdes darbības sēdēs, un valdes aktuālie vai potenciālie interešu konflikti dokumentēti protokolos

### **Sabiedriskā Darbība**

Attīstības komiteja ir devusi padomu un palīdzību lai veicinātu un atzītu Kristus Dārza augstvērtības veidolu kā latviešu, tā arī kanadiešu sabiedriskā vidē. Turpinās pārrunas vietējās pašvaldības, provinces un federālā mērogā lai atbalstītu un veicinātu sadarbības iespējas Kristus Dārzam par labu.

Pateicos visiem komitējas locekļiem par sadarbību!

D. Baiba Zariņa  
Priekšsēde

## **2018-19 Report of the KD Board Development Committee**

Chair	Baiba Zarins
Members	Sandra Liepkalns Aris Pakalns Lauma Stikuts
Supervisory	Imants Karklins

Subcommittee discussions held via Executive meetings.

### **Strategic Plan**

The Kristus Darzs annual Strategic Plan retreat was held in collaboration with the Foundation to align our work to reflect our vision and mission statement. This work is being sustained in a "Future Directions" approach to incorporate our goals to Ministry regulatory requirements with a focus on sustainability of the home.

### **Board Development and Education**

The ongoing commitment of the Board development committee is to provide board members with current education and information regarding issues that affect Kristus Darzs. Focus is placed on professional development, in particular to participation in local LHIN meetings and a concerted focus to the long term sustainability of the Home within the Latvian community. Specific presentations on Redevelopment and Cognitive Behaviour Care were scheduled and facilitated.

### **Board Self-Assessment**

The committee facilitated the annual board self-assessment tool, compiled the results and made recommendations for continued growth and development of board process. This tool is intended to monitor board performance and identify opportunities for improvement as well as acknowledge areas of excellence in board governance.

### **Board Nominations for 2019 AGM**

As part of the board recruitment activities, the committee reviewed and revised the skill inventory for the board. This allows for open discussion and active recruitment of potential board candidates in relation to potential contribution to the Kristus Darzs Boards and Supervisory Committee.

### **Code of Conduct and Conflict of Interest**

Ongoing sustainability of the code of conduct was fostered with an open declaration of conflict of interest, either perceived or real, as an agenda item at all board of director meetings.

### **Public Relations**

The committee provided assistance with promotion of Kristus Darzs within scheduled venues in recognition of its excellence and sustaining the overall image of Kristus Darzs. Ongoing discussions are conducted to support partnership opportunities that promote Kristus Darzs on local, provincial and national levels.

Dr. Baiba Zarins  
Chair

## Annual Report of the KD Fundraising Committee to the 2019 AGM. Kristus Dārza 2019. gada līdzekļu vākšanas komitejas ziņojums

Kristus Dārza līdzekļu vākšanas komiteja turpina savu mandātu vākt līdzekļus Kristus Dārza vajadzībām.

Fondam ir pagājuši 10 gadi kopš pastāvēšanas. Šinīs 10 gados, Fonds ir saņēmis pāri pa \$2 miljonus ziedojumos. Tādā sakarā, gribējam apskatīt cik pa šiem gadiem Fonds ir spējis palīdzēt KD Mājas uzturēšanā.

Mūsu vākšanas panākumus izsekojam rezultātus kalendāra pamatā ( jan.- dec.) :

As a measure of our fundraising success, we track our results on an annual basis:

	2018	2017	2016	2015	2014	2013
<b>Ziedotāju Skaits/ Number of Donors</b>	<b>167</b>	203	271	263	292	311
<b>Organizāciju Ziedotāji/ Donating Organizations</b>	<b>12</b>	12	5	-	-	-
<b>Ziedojumi/Donations</b>	<b>\$96,715</b>	\$151,185	\$98,690	\$146,939	\$93,445	\$102,330
<b>Testamenti/Estate</b>	<b>\$359,200</b>	\$80,000	\$ 15,213	\$ 2,098	\$ 33,735	-
<b>Kopskaits/Total</b>	<b>\$455,915</b>	<b>\$231,185</b>	<b>\$113,904</b>	<b>\$149,037</b>	<b>\$127,180</b>	<b>\$102,330</b>

**Lai nodrošinātu nepārtrauktus līdzekļus , mēs lūdzam, lai ikviens apsvērtu iespēju atstāt testamenta novēlējumus Kristus Dārza Fondam.**

Pateicamies visiem valdes locekļiem, brīvprātīgiem palīgiem un KD administrācijai un darbiniekiem, kas strādā Kristus Dārza labā. Pateicamies latviešu sabiedrībai par finansiālo atbalstu.

### **Fonda ziedojumu pārskats. Donations made by KDLF over the past 10 years.**

<b>Gads/Year</b>	<b>Description</b>	<b>Ziedojumu nodoma</b>	<b>Summa/Amount</b>
2010	Dining Room Chairs	Ēdam istabas krēsli	\$198,225,99
2010	Therapeutic equipment	Terāpijas vajadzībām	\$ 3,000,00
2011	IT Project	Interneta uzbūve	\$23,554.70
2012	Magnetic door locks	Durvju atslēgas	\$31,862,90
2013	Infection Control	Infekcijas apkošanai	\$15,000,00
2014	New Beds	Jaunas gultas	\$73,734.16
2015	Staff salary	Darbinieku alga	\$29,351.08
2016	Slings, ceiling lifts, mattresses	Griestu lifti , jauni matračī	\$74,000,00
2017	Generator and plumbing	Ģenerātors un ūdens rores	\$329,950.00
2018	Call bell system & designated funds	Zvanu systema & nozīmēti zied.	\$104,000,00
<b>Totla/Kopsumma</b>			<b>\$882,678.83</b>

The Fundraising Committee continues its mandate raising funds for the ongoing needs of KD Latvian Home.

It has been 10 years since KD Latvian Foundation was established. During this time, the Foundation has received over \$2 million in donations. Consequently, we thought this would be a good time to look back at our financial support of KD.

**To ensure the ongoing survival of our Home, we ask that everyone consider leaving a bequest to the Kristus Darzs Latvian Foundation.**

We would like to thank our Board members, volunteers, administration and other staff who work tirelessly on behalf of Kristus Darzs and to the Latvian community for its ongoing financial support.

Valda Bērziņš  
Chair/Priekšsēde

## Kristus Dārzs pateicas 2018. gada labvēliem! Kopā saziēdoti \$455,915

### Līdz/To: \$99

Anness, Donna  
Gulbis, Lolita  
Hancock, Robert & Rita  
Jundzis, Juris  
Krznarich, Anita  
Legzdīņš, Bīrta  
Leikucis, Valentīne  
Lūsis, Māris & Cora  
Mezitis, John  
Miekalns, Zigrīda  
Pavārs, Vineta  
Praulīņš, Māra  
Slompers, Maruta  
Tikiņš, Valdis  
Vare, Vija  
Zichmanis, Zīle  
Zobens, Valda

### \$100-\$299

Ābele, Anna  
Ādminis, Velta  
Beks, Elza  
Bičevskis, Sky & Rob  
Briedis, Valdis  
Brokhuzens, Hermanis & Ligita  
Dāboliņš, Vilis  
Dāvidsons, Gundega  
Eislers, Ēriks & Mērija  
Eversons, Benita  
Ezers, Vilnis & Gita  
Golde, Ilze & Pēters  
Grasmanis, Ārija  
Gregor, Eric  
Grimba, Vija  
Iņķis, Zelma  
Jankovskis, Inese  
Jankovskis, Rasma  
Jumars, Janīna  
Kalniņš, Lidija  
Kauliņš, Valdis & Silvija  
Krastrīņš, Arvīds & Rita  
Krznarich, Anita  
Lyznyk, Roman & Galina  
Maciņš, Vita  
Niedra, Alberts  
Ondrich, Aija  
Ozoliņš, Atis  
Pakalns, Ruta  
Pērkons, Edīte  
Pērkons, Rasma  
Pone, Aivars & Māra  
Pope, Jānis & Inese  
Reinsons, Peter & Valentine  
Rosetti, Carmela  
Roze, Sofija  
Rūtītis, Raimonds  
Rutulis, Mirdza  
Siksna, Alda  
Sīlis, Jenny  
Šteinmanis, Ligita  
Stockwood, Ilze  
Suchovs, Rasma

Viksne, Ive  
Vilks, Andrejs & Gundega  
Zariņš, Kornēlija  
Ziediņš, Inese  
Zilāns, Hermīne  
Zūlis, Aina

### 300-\$500

Alksnis, Rolfs  
Anness, Brigita  
Dāle Maija  
Ezergailis, Irēne  
Ezers, Guntis & Ināra  
Gustavs, Valda  
Jindra, Māra  
Kalniņš, Ērika  
Kinstlers, Gita  
Kļaviņš, Nora  
Kleperis, Vilis  
Kraivs, Pauls  
Krūmiņš, Dzidra  
Kuze, Pēteris  
Lorbergs, Modris & Kristīne  
Miezis, Skaidrīte  
Page, Benita  
Pakalns, Aris  
Plaudis, Ilze  
Pūce, George  
Rafailov, Keran  
Rams, Gunits & CarolAnne  
Selga, Aina  
Skujiņš, Bīrta  
Smits, Andris & Rita Lāma  
Strautmanis, Juris  
Sūns, Kārlis  
Treigūts, Māris & Ērika  
Velme-Meyer, Maija  
Welsh, Ligita  
Zaķis, Auseklis & Suzanna  
Hamiltonas Kristus draudze  
Otavas Miera draudzes dāmu komiteja  
Toronto Katoļu Draudze  
Sv. Andreju draudzes dāmu komiteja  
Sv. Jāņa draudze Toronto

### \$600-\$1,000

Apinītis, Sofija  
Bredovskis, Atis & Balva Kūla  
Bruniņš, Juris  
Gotshalks, Gunnar  
Kārklīņš, Imants & Vija  
Liepiņš, Guntis & Anita  
Paeglis, Arvīds & Rasma  
Raps, Astrīda

### \$1,500-\$4,999

Anonīmi ziedojumi  
Lazda, Linda  
Makovskis, Aldis  
Sils, Ojārs & Edīte  
Vasarājs, Kārlis & Laura  
D.V. Kanādā

### \$5,000 +

CANLAT Foundation

### In Honour of/ Godinot:

Gundega Ābele  
Rūsis, Tamāra

### Piemīnai/ In Memory of:

**Voldemārs Bernhards**  
Bernikier, Arlene

**Mirdza Bērziņš**  
Tate, Vija

**Voldemārs Dambergs**  
Paeglis, Arvīds & Rasma

**Boriss Gļebovs**  
Gļebovs, Māra

**Ilmārs Helguts**  
Keludjian, Tony

**Cecīlija Kārklīņš**  
Palmer, Lily

**Jack Kinstlers**  
Kinstlers, Linda

**Joan Klepaldo**  
Biderman, Steven & Arlene  
Campbell, Judy  
Klepaldo, Wayne  
Orsini, D.  
Skapczyk, Rosemary  
Watts, June

**Elga Lazda**  
Fogels, Egīls & Ruta  
Schuler, Mudīte  
Upeslācis, Sandra & Alberts  
Vāgners, Judīte

**Arnolds Liepkalns**  
Bērziņš, Valda & Carlos

### **Irēne, Logins**

Āpše, Rita  
Eglīte, Ēriks  
Miezis, Skaidrīte

### **Mirdza Pārups**

Bērziņš, Valda & Carlos  
Galdiņš-Born, Laura  
Jekabson, Eva  
Pakalns, Aris  
Pakalns, Ruta  
Pone, Aivars & Māra  
Reinbergs, Anne  
Sipoliņš, Girts & Silvia

**Robert Phillips**  
Orsini, D.

### **Vera Ozoliņš**

Graham, Joyce

### **Zina Rolands**

Palmer, Lily

### **Velta Vilsons**

Hellings, William & Inga

### **30 x 30 Atbalstam 30x30 Campaign:**

Ādminis, Velta  
Bērziņš, Edīte  
Bērziņš, Valda & Carlos  
Brammanis Andris  
Bruniņš, Juris  
Broks, Anastāsija  
CAN LAT Foundation  
Eglīte, Ēriks  
Etim-Rozario, Ewa  
Flaums, Edīte  
Golde, Ilze & Pēters  
Gregor, Eric  
Grigg, Carmen  
Harris, Patricia  
Ilziņš, Gunārs & Vija  
Jindra, Māra  
Jaunzems, Elmārs & Herta  
Kiršs, Karina  
Korp! Aurora  
Korp! Imērija  
Kraivs, Margēris & Melita  
Lāma, Rita & Andris Šmits  
Mileiko, Ārija  
Plaudis, Ilze  
Shedden, Sylvia & David  
Siliņš, Krišjānis  
Šķepasts, Aleksandrs & Astrid  
Stikuts, Lauma  
Stokes, Rita  
Tannis, Natalie  
Tate, Vija  
Vāgners, Mārtiņš  
Zariņš, Pēteris & Baiba

### **Testamenti Estate Donations:**

Mirdza Pētersons testaments  
Jānis Rautenbergs testaments  
Apolonia Vetere testaments

### **Pārbuves Atbalstam Rebuild Campaign:**

Paeglis, Arvīds & Rasma  
Vasarājs, Kārlis & Laura

## **Medical Director Report to Annual General Meeting Year 2018**

**Average age as of December 31, 2018:** 90, 4 residents over 100  
**Number of Admissions in 2018:** 52; (12 were for short stay)  
**Number of residents deceased:** 33 (23 at the facility, 10 at hospital)  
**Emergency Department visits:** 76 with 46 admissions  
**Number of outbreaks during 2018:** 2 respiratory, 2 enteric  
**Staff Vaccination Rate :** 86%

Currently, there are 4 attending physicians Dr. Niedoba, Dr. Krystolovich, Dr. Haleem, Dr. Fedhel. These physicians share on call ensuring that there is a physician available at all times. The physicians attend annual care multidisciplinary conferences, conference with families when required and attend the Professional Advisory Committee meetings.

In addition to the attending physicians there are 2 dermatologists providing service. Dr. Francesca Cheung comes in as required and Dr. Nield continues to be the expert KD relies on for potential scabies. Currently we are cautiously optimistic that the home is clear of scabies, but we continue to be vigilant.

Psycho-geriatrician, Dr. Michael Kugelmass is available when there are 5 residents referred for his services. Other behavior or residents with cognitive decline are supported by the Behavior Support Outreach Team from MacKenzie Health Hospital.

Working very closely with all physicians and staff is the Nurse Practitioner who makes weekly visits to KD.

One of the indicators the Central LHIN monitors is the number of ED visits and admissions. The well staffed roster of medical practitioners has been instrumental in making sure that ED visits are avoided whenever possible. Central LHIN considers KD's rate to be well within an acceptable rate.

The Professional Advisory Committee (PAC) meets on a quarterly basis. Members include the Medical Director, attending Physicians, the Pharmacist, the Physio-therapist, the Dietitian, the Nurse Practitioner, York Region Public Health, The Director of Care and other management staff as required. The Committee reviews updates and trends from the various practitioners, reviews policies as required and resident issues.

During 2018, Some of the topics discussed include; enteric/respiratory outbreaks, infection prevention & control, cannabis -medical and recreational policies as well as best practices for medical cannabis use, the use of antipsychotic drugs, MAID (Medical Assistance in Dying) and palliative care.



As the acuity of care levels increase, the frontline is certainly feeling pressure. As changes in the health care system are revealed I have no doubt Kristus Darzs will continue to strive to provide the best care possible, however there are some real challenges.

Due to the structural design as well as the increased number of residents living with dementia, during an outbreak, it is next to impossible to isolate a contagious resident with dementia. These individuals do not understand needing to stay in their rooms. This poses a huge challenge to staff and diminishes one of the most effective way of stopping the spread of an infection.

A similar issue is the demented resident with behavioral issues. This puts other residents at risk as well as staff. At times one on one supervision is required and funding from the Ministry of Health can be problematic.

As Kristus Darzs Latvian Home and Foundation Boards embark on redevelopment plans it would be an opportune time to examine care and design models for the future resident who will more than likely be living with dementia. For example, the Malton Village has launched a Butterfly project hoping to create a calmer environment for residents with dementia. Quality of life has improved for residents, but this has required not only changes in structural design but also increased staffing. The Region of Peel plans to transition all of its five long-term care facilities to a similar model.

As you know, Kristus Darzs is not alone in facing these challenges. I have seen similar issues in the three other long term care homes that I have been involved with. This is as much a political issue as it is a medical issue. Long term care homes were never designed to deal with the acuity of care and psychogeriatric challenges that are faced daily.

Dr. Niedoba  
Medical Director  
Kristus Darzs Latvian Home



## Quality of Care Committee Report to 2019 AGM

Members: Inara Ezers – chair,  
Kristine Smith – secretary  
Fritz Kristbergs  
Gita Kinstlers  
Mona Kleperis  
Ligita Welsh  
Lauma Stikuts – Executive Director  
Inese Pogule – Quality Lead  
Imants Karklins – Supervisory Committee

The Quality of Care Committee is concerned about the physical health of the residents and also about the psychological well being of both the residents and staff.

The Health Quality Indicators show that KDLH is performing as well as the Ontario average in all categories except for wounds, where it is worse than the average. However, use of antipsychotics is better than the Ontario average.

Results from the Resident and Family satisfaction survey are good. Recommendation of KDLH to others increased to 87% from 70% last year. However, residents did raise a few concerns. e.g. respect for their privacy and dignity, support for mobility and updates on their health status.

Our future Quality Improvement Plan (QIP) for 2019 includes continuous infection control, measures to decrease the number of residents who develop respiratory or gastrointestinal symptoms, as well as measures to decrease the number of residents who have falls.

Thank you to all committee members, staff, and volunteers who work well together to maintain KDLH to be one of the best LongTerm Care Homes in Ontario.

## Aprūpes Kvalitātes Komitejas 2019. Gada Ziņojums Pilnsapulcei

Locekļi: Ināra Ezers – priekšsēde  
Kristine Smith – sekretāre  
Fritz Kristbergs  
Gita Kinstlers  
Mona Kleperis  
Ligita Welsh  
Lauma Stikuts – izpildes direktore  
Inesa Pogule – kvalitātes vadītāja  
Imants Kārklīš - revīzijas komiteja

Aprūpes kvalitātes komiteja rūpējas par iemītnieku fizisko veselību un arī par viņu un darbinieku psiholoģisko veselību un labsajūtu.

Veselības kvalitātes rādītāji rāda, ka Kristus Dārzs līdzinājās Ontario caurmēriem visās kategorijās izņemot spiedienu čūlas kur mums iet drusku sliktāk un psiholoģisko zāļu lietošanā kur mums ir daudz labāki rezultāti.

Rezultāti iemītnieku un ģimeņu aptaujā ir ļoti labi. Iemītnieku vēlēšanās ieteikt Kristus Dārzu citiem radiem un draugiem ir uzlabojies uz 87% no 70%. Pagājušā gadā bij arī iemītnieku iebildumi sakarā ar privātās istabas neievērošanu, mobilitātes un kustību pabalstīšanu un velmes pa informāciju pa veselības stāvokli.

Kvalitātes uzlabošanas plānā 2019 gadam ietilpst Infekciju kontrole, lai samazinātu plaušu un vēdera infekcijas kā arī metodes kā novērst iemītnieku kritienus.

Paldies visiem komitejas locekļiem, mājas darbiniekiem un brīvprātīgiem palīgiem, kuri kopā darbojas, lai Kristus Dārzs turpina būt viena no labākām aprūpes mājām Ontario.

Priekšsēde: Ināra Ezers  
Sekretāre: Kristine Smith

## VADĪBAS ZIŅOJUMS PAR 2018. GADU LAUMA STIKUTS, IZPILDU DIREKTRISE

### **Apdzīvotība**

2018. gadā uzņēmām 52 iemītniekus. Pēdējo gadu laikā šis skaitlis ir strauji audzis: 2009. gadā uzņēmām tikai 27 jaunus iemītniekus un 2015. gadā - 30.

Lai turpinātu saņemt pilnu valdības finansējumu ir jāuztur vismaz 97% apdzīvotības.

Salīdzinājumā ar 2017. gadu, KD apdzīvotība 2018. gadā bija mazliet zemāka (2017 - 99%; 2018 - 98.4%).

Dažādi faktori ietekmē vidējo apdzīvotību. Kā piemēram, karantīnas laikā jaunus iemītniekus uzņemt nedrīkstam.

Vidēji, rindā uz KD ir starp 25 un 45 pieteikumiem; to starpā ir 5-10 latvieši and 3-6 kandidāti krīzes situācijā. Tie, kuri pretendē uz privātu istabu, gaida no 1 līdz 2 gadiem; latviešu izcelsmes sievietes uz “basic” un “semi-private” istabām gaida apmēram 3 līdz 6 mēnešus un latviešu izcelsmes vīrieši – 6 līdz 9 mēnešus. Šie ir aptuveni gaidīšanas laiki spriežot pēc iepriekšējo gadu datiem.

Lai turpinātu saņemt valdības finansējumu īstermiņa aprūpei, īstermiņa gultas vietai ir jābūt aizņemtai vismaz 50% gadā. 2018. gadā KD īstermiņa gultas vieta bija aizņemta 59%. Gadās, kad ģimenes atsakās no īstermiņa gultas vietas pēdējā brīdī. Piedevām, iemītniekus uz īstermiņa gultas vietu nevaram pieņemt karantīnas laikā.

### **Ziņojumi Veselības Ministrijai**

Likumdošana pieprasa, ka Ilgtermiņa Aprūpes Mājas ziņo Veselības Ministrijai par:

- kristiskiem gadījumiem. Ļaunprātīga apiešanās vai varmācība pret iemītniekiem, ugunsgrēki, negaidīti nāves gadījumi, karantīna, iztrūkstošas narkotikas un nopietni ievainojumi tiek uzskatīti par kritiskiem atgadījumiem. Piemēram, kritiens, kā rezultātā iemītnieks salauž gūžu, ir kritisks atgadījums.
- rakstiskām sūdzībām (ieskaitot e-pastus). Sūdzība, kas saņemta rakstiskā formā, un tās atrisinājums, ir jānosūta uz Ministriju. Uz sūdzībām ir jāatbild 10 dienu laikā.
- potenciālu iemītnieku noraidījumiem. Dažkārt, KD vadība pieņem lēmumu, ka cilvēks, kurš ir pieteicies rindā uz Kristus Dārzu, nav mūsu Mājai piemērots. Šādi lēmumi ir jāpaziņo Ministrijai.

Augstāk minētie ziņojumi, savukārt, var izraisīt Ministrijas inspekciju.

2018. gadā kritiska gadījuma sakarā, KD saņēma Ministrijas inspekciju. Līdz šim, 2019. gadā KD ir bijušas divas inspekcijas saistībā ar kritisku gadījumu un rakstisku sūdzību. Inspekciju rezultātā, KD saņēma dažādus norādījumus, kas tiks īstenoti uzlabojot KD iekšējās kārtības noteikumus un darba norisi.

### **Karantīna**

Public Health aģentūra izvērtē infekciju uzliesmojumus un, ja vajadzīgs, pasludina karantīnu Ilgtermiņa Aprūpes Mājās. Par karantīnu tiek ziņots arī Veselības Ministrijai. 2018. gadā karantīna KD tika pasludināta 4 reizes. Karantīna iespaido gan iemītnieku labsajūtu, gan labklājību. Karantīnas laikā simptomātiskie iemītnieki tiek izolēti. Ilgāka izolācija var radīt nemiera sajūtu un vairot kritienus. Papildus naudas līdzekļi tiek izdoti, lai nodrošinātu pienācīgu iemītnieku aprūpi un telpu disinfekciju. Šo iesaistīto dēļ, KD vadība apsvēra iespējas kā mazināt infekciju izplatīšanos.

### **Kvalitātes Uzlabošana – IDEAS**

2018. gadā KD pieņēma lēmumu piedalīties IDEAS programmā (Improving & Driving Excellence Across Sectors). Health Quality Ontario šo programmu pasniedza sadarbībā ar The Institute for Clinical Evaluative Sciences un Toronto Universitāti. Kvalitātes Vadītāja, Māsiņu Direktrise, Nodarbību Vadītāja, un galvenā medmāsa piedalījās šajā programmā.

Apmācības bija vērtīgas gan infekciju profilaksei un kontrolei, gan citiem nākotnes projektiem. Apmācību laikā tika izmēģinātas vairākas pieejas, lai mazinātu infekciju izplatīšanos. Līdz šim, 2019. gadā KD ir bijusi viena karantīna ar minimālu simptomātisku iemītņieku skaitu. Kaut arī rezultātus vēl nevaram attiecināt uz projekta veiksmi, KD priecājas par katru jaunu nedēļu, kas pavadīta bez karantīnas.

### **Marihuānas Lietošana / Smēķēšana**

Sararā ar marihuānas lietošanas legalizāciju Kanadā, KD vadība ir izstrādājusi iekšējās kārtības noteikumus par marihuānas lietošanu izklaides un medicīniskiem nolūkiem. Piedevām, KD ir arī spēkā iekšējās kārtības noteikumi par marihuānas lietošanu un darbspēju.

Kristus Dārza telpās vēl joprojām nav atļauts smēķēt vai lietot elektorniskās cigaretes. Smēķēšana un elektronisko cigarešu lietošana ir atļauta tikai noteiktās vietās ārpus KD.

### **Līgumi kas pārsniedz \$20,000**

<u>Pakalpojumi</u>	<u>2018 Maksājumi</u>
Dr. Niedoba, Medical Director	\$ 20,217.00
Envirosearch Operations Inc.	\$ 20,382.15
Bass Associated Professional Corporation	\$ 22,631.00
Sapusak Snowplowing Inc.	\$ 33,729.87
Dietitian	\$ 35,310.00
Sygnnet Systems Inc.	\$ 47,088.39
Grandeur Group Benefits	\$ 70,768.98
Healthcare Accounting	\$ 71,952.00
Onyx Sprinkler Installations	\$ 74,745.00
Active Health Services Ltd.	\$ 84,438.23
Sunbright Linen Services Inc.	\$ 106,335.31
World Wide Electric	\$ 124,762.00
Sun Life Assurance Company of Canada	\$ 197,693.77
Nutra Services Inc.	\$ 1,058,800.64

**Management Report for Year 2018**  
**Lauma Stikuts**  
**Executive Director**

**Occupancy**

There were 52 admissions during 2018. Over the years this number has steadily climbed from about 27 admissions in 2009 and 30 in 2015.

In order to maintain full basic funding for long- stay beds, homes cannot fall below a 97% occupancy rate. For 2018 K.D.'s occupancy rate was 98.4% down from the 2017 rate of 99%. One significant factor affecting the occupancy rate is the suspension of admissions during an outbreak. On average, the wait list fluctuates between 25 and 45 applicants with about 5-10 Latvian applicants and 3-6 crisis applicants. Applicants for private rooms can expect a wait of about one to two years, for Latvian female basic or semi- private rooms the wait is about 3-6 months and for males 6-9 months. These are rough estimates of past trends.

For short- stay the funding occupancy rate is no less than 50% and KD was at about 59%. Last minute cancellations are not uncommon. This occupancy rate is affected by outbreaks as well because reservations cannot be honoured during outbreak. However, if the short- stay resident has been admitted before an outbreak is declared the resident may remain in the home for the duration of their reservation.

**Ministry of Health & Long Term Care Compliance**

The Ministry of Health and LongTerm Care Act (MOH&LTC) regulations require mandatory reports for:

- Events known as critical incidents; these events include such things as a resident abuse, fire, adverse water report, flood, outbreak, unexpected death, missing narcotics, an injury that results in a significant change to individual health status and more. The regulations outline the time frame for the reports. An example of a critical incident would be a fall which results in an injury such as a hip fracture.
- Written complaints (including emails): The complaints and follow up documents must be submitted to the MOH&LTC for review. The complainant must receive a resolution and/ or response within 10 days.
- Bed refusal; If Management determines that an applicant is inappropriate for the Home, the MOH&LTC must be informed.

The reports may trigger a follow-up inspection.

In 2018 there was one inspection triggered by a critical incident. To date, in 2019 there have been two inspections to follow up on a couple of critical incidents and a complaint. Each inspection resulted in various levels of findings which are being addressed by modifications to policy and procedures.

**Outbreak**

All outbreaks are declared and monitored by Public Health. Reports are submitted to Ministry of Labour and MOH&LTC. In 2018 KD had 4 outbreaks (2 respiratory and 2 enteric) with a total of 79 resident presenting with respiratory symptoms and 66 residents with enteric symptoms. An outbreak has an impact on residents' wellbeing beyond the symptoms of the infection. While residents are contagious, they are isolated which can lead to outcomes such as restlessness, behaviors and possibly falls. The need for additional staff due to illness and cleaning requirements and increased cleaning supplies have significant financial impact on the budget. Management decided to explore opportunities to try to reduce the impact of outbreaks and infections.

**Quality Improvement – IDEAS Team**

KD elected to participate in a program known as IDEAS (Improving & Driving Excellence Across Sectors). This program was facilitated in collaboration and partnership with Health Quality Ontario, The Institute for Clinical Evaluative Sciences and University of Toronto. KD's team members included the Quality Lead, the Director of Care, an Activation Aide, and an RN. The training and mentorship were critical to help build capacity for KD's future plus it was an opportunity to explore the issue of infections within a long-term care setting. The project only scratched the surface, but a variety of interventions were trialed, and the work will carry on. Due to the nature of seasonal outbreaks and infections, years of

data would be needed to identify a significant improvement but it was clear staff awareness of infection control measures was definitely heightened. To date there has been 1 outbreak with 13 residents with respiratory symptoms and 5 with enteric. KD celebrates, regardless of the fact there could have been many variables that could have influenced the reduced numbers of symptomatic residents.

**Cannabis/ Smoking**

With the legalization of Cannabis, KD developed policies for Medical Cannabis, Recreational Cannabis and Fit for Duty. The facility continues to be a non-smoking / non-vaping facility with smoking/ vaping permitted only in designated areas outside.

**Contracts over \$20,000**

<u>Vendor Name</u>	<u>2018 Payments</u>
Dr. Niedoba, Medical Director	\$ 20,217.00
Envirosearch Operations Inc.	\$ 20,382.15
Bass Associated Professional Corporation	\$ 22,631.00
Sapusak Snowplowing Inc.	\$ 33,729.87
Dietitian	\$ 35,310.00
Sygnet Systems Inc.	\$ 47,088.39
Grandeur Group Benefits	\$ 70,768.98
Healthcare Accounting	\$ 71,952.00
Onyx Sprinkler Installations	\$ 74,745.00
Active Health Services Ltd.	\$ 84,438.23
Sunbright Linen Services Inc.	\$ 106,335.31
World Wide Electric	\$ 124,762.00
Sun Life Assurance Company of Canada	\$ 197,693.77
Nutra Services Inc.	\$ 1,058,800.64

## **Revizijas komisijas ziņojums**

### **2019.g. Kristus Dārza delegātu sapulcei**

Atsevišķi, Revizijas komisijas locekļi aizgājušā gadā piedalījušies visās Kristus Dārza māja, fonda un komitejas sēdēs. Esam tikušies ar zvērināto revidentu, iemītniekiem un viņu ģimenēm. Piedāvājam Delegātu sapulcei savus novērojumus un atziņas:

- a) Kristus Dārzs
- b) Sadarbība starp Kristus Dārza mājas un Kristus Dārza fonda valdēm
- c) Vispārējā valdes darbība.

1. Aprūpes kvalitāte Kristus Dārza iemītniekiem uzturēta augstā līmenī pateicoties Kristus Dārza Direktrisei, Laumai Stikuts un darbinieku gādībai. Neskatoties ka māsu vadība, apkopšana ir pirmklasīga.

2. Pēc mūsu novērojumiem, ēdienu kvalitāte bijusi laba un atbalstoša iemītnieku velmēm. Paldies visiem kas par to rūpējušies.

3. Kristus Dārzs tiek bieži pārbaudīts dažādās ievirzēs. Aizgājušā gadā, iestādes kas atbildīgas par šādu māju drošību atrada maz par ko iebilst. Uzlabojumus atbildīgie darbinieki veica nekavējotī.

4. Attiecības starp valdi un darbinieku vadību ir labas un atklātas. Kristus Dārza direktore piedalās visās valdes un komitejas sēdēs ar savu pienesumu. Valdes locekļi bieži apmeklē Kristus Dārzu ārpus valdes sēdēm.

5. Zvērināto revidentu ziņojumi par Kristus Dārza māja un fonda 2018.g. tika saņemti un iepazīti laicīgi. Tie neuzrāda trūkumus.

6. Abu valžu sēdes notikušas regulāri un norises pierakstītas atbilstoši.

7. Dotajos darbības ietvaros, komitejas darbojušās rosīgi.

8. Ir grūti uzturēt māju un apkārtni budžeta robežās. Priekšroka tiek dota darbiem kas saistas ar iemītnieku drošību un veselību.

9. Līdzekļu vākšana uzrādījusi mazu pieaugumu rezerves kapitālam.

10. Financiāls nodrošinājums Kristus Dārzam nākotnē joprojām ir debatējams jautājums starp Kristus Dārza māju, fondu un latviešu sabiedrību. Kristus Dārza fonda sanāksmes ar latviešu sabiedrību atklāja interesantus jautājumus sakarā ar Kristus Dārza nākotni. Kristus Dārza mājas un fonda valdes par to ir iesaistījušās stratēģiskās pārrunās.

Uzskatam, ka abas Kristus Dārza valdes savus pienākumus pildījušas veiksmīgi un iesakam teikt Paldies.

### **Revizijas komisijas locekļi / Supervisory Committee members:**

Inta Purva, Andris Šmits un Imants Kārklīšs

## **Supervisory Committee's 2019 AGM Report**

The Supervisory Committee has attended many meetings of both the Home and the Foundation Boards in the past year; we have met with the Auditor and also with the residents and their families. As a result, we submit our observations to the Annual General Meeting about:

- a) KRISTUS DĀRZS;
- b) the coordination of efforts between the Boards; and
- c) about the general Board activities:

1. The quality of care of the KRISTUS DĀRZS residents is being maintained at high levels thanks to the dedication of the Executive Director Lauma Stikuts and her staff.

2. We have observed that the quality of meals has been maintained at a high standard and that the Board has received a few negative comments about the food, they have been corrected. The Home Board and the management team need to be commended for this.

3. The Home is regularly subject to many regulatory and life safety inspections. In the past year, the authorities having jurisdiction for long-term care, labour and fire safety, among others, have had a few findings against KD operations. Of those findings, the management team has corrected them effectively and in a timely manner.

4. Internal relations between the Home Board and management are active and open. The Executive Director has been in attendance at evening Board and Committee meetings. Many of the Board Members regularly visit KRISTUS DĀRZS outside of Board meeting days.

5. The year-end financial reports and the Audit of 2018 activities for the Home and the Foundation have been completed in a timely manner. The financial transactions of the two organizations appear to have been proper.

6. Meetings of both Boards have been carried out in an efficient manner and resulted in minuted decisions.

7. Committee activity has been continuous throughout the past year.

8. Ongoing upkeep of the building and grounds continues to be a challenge within the available funding framework which is being depleted quickly. The priority for capital work is Resident Health and Safety based repairs and improvements.

9. Fundraising and special events have been successful in the past year and the Foundation reserves are modestly growing.

10. The establishment of a sustainable future for KRISTUS DĀRZS continues to be a critical strategic point for the Home, Foundation and the Latvian-Canadian community. The Foundation's community engagement meetings yielded interesting insights about the future needs and preferences concerning KD. Joint strategic discussions have occurred between the Home and Foundation Boards, as well with community organizations to discuss the future of KRISTUS DĀRZS.

However, it must be said that the Chairs of the Home and of the Foundation and their respective Boards have continued to improve KRISTUS DĀRZS for its residents. The community should thank both Boards of Directors for their commitment and contributions in the past year.



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### **Zinojums no Kristus Dārza Valdes Attīstības un Nominācijas komitejas priekšsēdes Baibas Zariņas.**

Kristus Dārza valde ir uzticējusi valdes attīstības komitejai atbildību piesaistīt kvalificētus cilvēkus un lūgt tiem kandidēt valdes un revīzijas komitejas amatos.

Šogad mums ir jāievēl četri valdes locekļi uz trīs gadu termiņiem, un vienu revīzijas komitejas locekli uz trīs gadu termiņu.

Nominācijas komiteja ierosina sekojošus kandidātus, alfabētiskā kārtībā, valdes amatiem:

- 1) Aris Pakalns- trīs gadu termiņš
- 2) TBA - trīs gadu termiņš
- 3) TBA- trīs gadu termiņš
- 4) TBA - trīs gadu termiņš

Nominācijas komiteja ierosina sekojošu kandidātu revīzijas komitejas amatam:

- 1) Imants Kārkliņš -trīs gadu termiņš

Baiba Zariņa,  
Priekšsēde

The Kristus Darzs Board has mandated this committee to find and nominate qualified candidates to the KDLH Board of Directors and the Supervisory Committee.

This year we have four vacancies within the KDLH Board of Directors and one within the Supervisory committee, each with a three year term of office.

The committee nominates the following nominee for election to the Kristus Darzs Latvian Home Board as follows:

- 1) Aris Pakalns- three year term
- 2) TBA - three year term
- 3) TBA - three year term
- 4) TBA- three year term

The committee nominates the following member for election to the Supervisory committee:

- 1) Imants Karklins- three year term

Baiba Zariņš  
Committee Chair.

***Klāt pievienojam papildus informāciju sakarā ar katra kandidātu pieredzi, kā pieejams.  
CV's of candidates as enclosed, as available***

## **Aris Pakalns**

University of Windsor, BA, 1979

1979 – 2006 CIL Inc / AT Plastics Inc

- Financial Services
- Laboratory Services (implemented WHMIS)
- Systems (Implemented first Local Area Network)
- Internal Auditor for ISO9000
- North American Polymer Sales
- Distributor Polymer Sales
- Off Shore Polymer Sales

2006 – 2015 Comfort Keepers Home Care Agency (Franchisee)

- Established and grew new office in Newmarket
- Staff of 30
- Gained experience with all aspects of running a small business including finances, HR, scheduling and the home care industry.
- Familiarity with LHIN's
- Familiarity with LTC Homes
- Familiarity with age related issues

Past Volunteer Work

- Southlake Regional Health Centre - Research Ethics Committee
- Prevention of Elder Abuse Committee of York Region
  - Executive team
  - Trillium Grant Steering Committee
  - Training Sub-Committee
- Sarlotes Nams Ltd. - President

Current Volunteer Work

- YNCC #5 (10 story condominium) - President
- Oakwil Non-Profit Homes Corporation – Vice Chair
- Aurora United Church – Chief Bottle Washer for Rise & Shine Breakfast, Team D
- Aurora United Church – Audio Visual Committee
- Active member of Latvian Fraternity “Latvia”

## **Imants Karklins**

Imants Karklins has participated in many facets of the Latvian community. He continues to volunteer in many organizations where he lives and works. Imants has been a tireless volunteer at Kristus Darzs trying to assist the residents and staff where ever he can for many years.

Imants Karklins has been a member of the Kristus Darzs Latvian Home Board for 6 years, 4 of those years as Vice Chair and a member of the Executive Committee. He has recently been a member of the Supervisory Committee for the past 6 years. As a member of the Boards he has participated in many of the sub-committees.

He was employed with the Toronto Police Service as a Police Constable for 28 years. Presently he has been retired since 2010.